VNA Hospice Bereavement Groups
Fall 2026

VNA Bereavement Groups provide a warm, confidential place to process grief and cope with loss. These groups are facilitated by experienced bereavement professionals, cost-free, with no expectation to share. Our groups are open to anyone who has lost a loved one and designed for the first two years of the grief process.

"Grief is not a sign of weakness, but an expression of love." – Henry Bishop

Please contact the facilitator listed below to confirm the group schedule and obtain background information before attending the group.

Greg Hopwood, MBA, DMin
Ph: 508-801-4831
gjhopwood@capecodhealth.org

Falmouth Public Library
300 Main St, Falmouth
1st & 3rd Tuesdays
Starting at 10:30am

Mashpee Senior Center
26 Frank E Hicks Dr, Mashpee
1st & 3rd Tuesdays
Starting at 2:30pm

Barnstable Adult Community Center
825 Falmouth Rd, Hyannis
2nd & 4th Mondays
Starting at 1pm

Evelyn Friel, MA, MS
Ph: 774-487-0766
emfriel@capecodhealth.org

Osterville Village Library
43 Wianno Ave, Osterville
2nd & 4th Tuesdays
Starting at 1pm

Sandwich Council on Aging at The Center for Active Living
70 Quaker Meetinghouse Rd, Sandwich
2nd & 4th Wednesdays
Starting at 1pm

Yarmouth Senior Center
528 Forest Rd, W Yarmouth
1st & 3rd Thursdays
Starting at 1pm

Jeanne M Burke, M.Div
Ph: 508-740-2370
jmburke@capecodhealth.org

Orleans Senior Center
150 Rock Harbor Rd, Orleans
1st & 3rd Fridays
Starting at 10:30am

Outer Cape *(rotates locations)*
Alternating Thursdays
Contact for Dates & Times

Truro Community Center
7 Standish Way, N. Truro

Wellfleet Adult Comm Ctr
715 Old King's Hwy, Wellfleet

Provincetown Senior Center
at the Veterans Memorial Community Center
2 Mayflower St, Provincetown

Cape Cod Healthcare
Caring. Commitment. Community.