



CAPE COD
HEALTHCARE

Women's
Health



Women's Health

Physician and Services Directory
Winter 2025

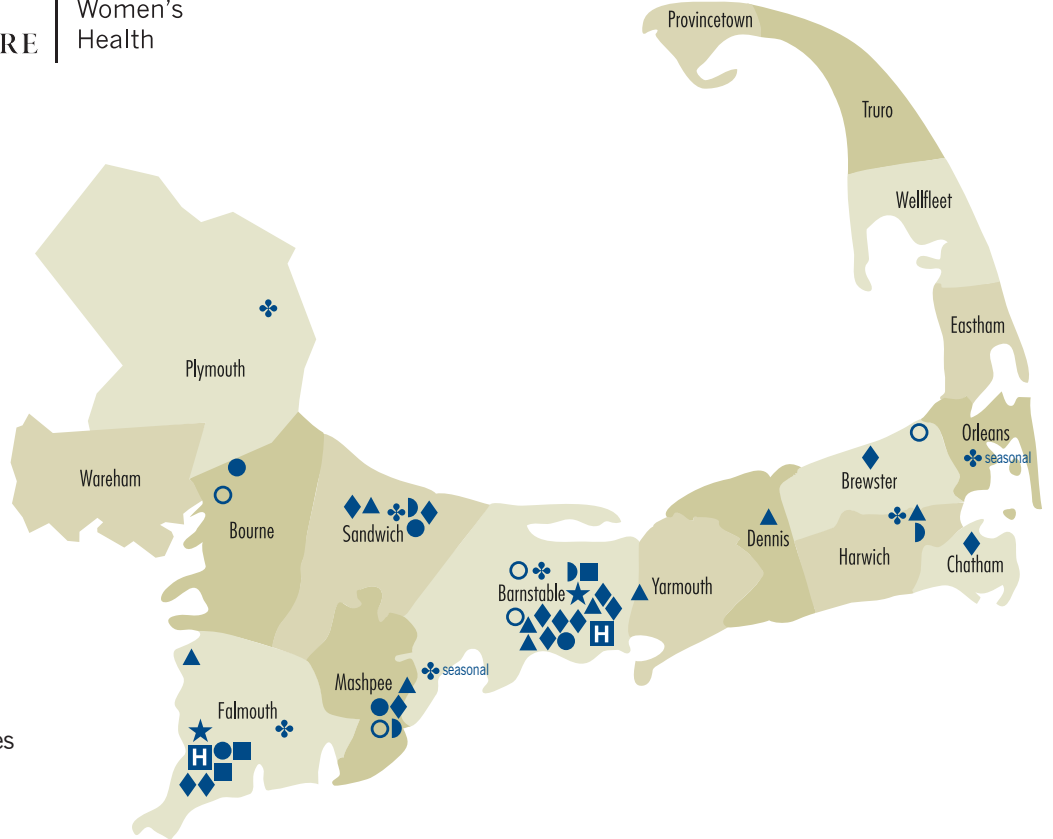


CAPE COD
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SERVICE LOCATIONS

- ★ Women's Health Centers
- H Hospitals
- Obstetrics & Gynecology Practices
- Gynecology Practices
- ◆ Cardiovascular Practices
- Breast Surgery Practices
- ▲ Plastic/Reconstructive Surgery Practices
- ◐ Additional Imaging Facilities
- ✿ Urgent Care Centers



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Michael K. Lauf

President and CEO, Cape Cod Healthcare

Cape Cod Healthcare Women's Health— Comprehensive Care, Close to Home

Meeting the healthcare needs of our community means offering high quality care that meets our patients' specific needs. Cape Cod Healthcare Women's Health is a highly focused line of services dedicated to providing comprehensive care for women of all ages. Our teams are equipped with the latest technology and clinical expertise to support a woman's needs that extend beyond Primary Care, including Breast Care, Gynecology, Pregnancy and Birth, Heart Health and Surgical Services – here on Cape Cod.

Cape Cod Healthcare Women's Health aims to deliver specialized care throughout a woman's healthcare journey—whether it is seeking preventive health and wellness, managing a chronic condition or pursuing treatment for a serious illness. Our expert physicians and collaborative care teams are trained and experienced in the latest screening, procedures and treatments. We have invested in leading edge technology, such as 3D mammography to help our teams provide the best, evidence-based care for our patients.

The Cape Cod Healthcare Women's Health Physician and Services Directory is a comprehensive resource for Women's Health services, practices and providers. This guide is intended to help patients and providers navigate these specialized services for women of all ages, in all stages of their healthcare journey—on Cape Cod and beyond.

Recommended Health Screenings and Immunizations for Women

	Ages 18-39	Ages 40-49	Ages 50-64	Ages 65+
BREAST HEALTH				
Breast Self-Awareness and Clinical Breast Exam	Practice breast self-awareness beginning at 18. Clinical breast exam recommended every 1-3 years from age 25-39. [†]	Practice breast self-awareness. Clinical breast exam recommended annually starting at 40. [†]	Practice breast self-awareness. Clinical breast exam recommended annually. [†]	Practice breast self-awareness. Clinical breast exam recommended annually. [†]
Mammogram	Ask your doctor if at increased risk.	Annually* for women with average breast cancer risk, with access to supplemental screening for women with dense breasts.	Annually* for women with average breast cancer risk, with access to supplemental screening for women with dense breasts.	Annually* for women with average breast cancer risk until life expectancy is less than 10 years, with access to supplemental screening for women with dense breasts.
Breast Cancer Risk Screening	All women 25 and over should have a formal risk assessment.* Learn more about breast cancer risk screening at capecod-health.org/breast-cancer-aware .	Formal risk assessment recommended.* Learn more about breast cancer risk screening at capecodhealth.org/breast-cancer-aware .	Formal risk assessment recommended.* Learn more about breast cancer risk screening at capecodhealth.org/breast-cancer-aware .	Formal risk assessment recommended.* Learn more about breast cancer risk screening at capecodhealth.org/breast-cancer-aware .

REPRODUCTIVE HEALTH				
Well-Woman Exam/ Pelvic Exam	Annually**	Annually**	Annually**	Every 1-2 years**
Cervical Health Pap & HPV testing (cervical cancer screening)	Starting at age 21, every three years. At age 30 or older, get a Pap test and HPV test together every five years.**	Get a Pap test and HPV test together every five years.**	Get a Pap test and HPV test together every five years.**	Ask your doctor or nurse.**
Sexually Transmitted Disease Screening	If sexually active, every year until age 24. At age 25 and older, get tested if you are at increased risk.**	Get tested if you are at increased risk.**	Get tested if you are at increased risk.**	Get tested if you are at increased risk.**

HEART HEALTH				
Blood Pressure	Annually***	Annually***	Annually***	Annually***
Cholesterol Test	Annually***	Annually with risk calculation #	Annually with risk calculation #	Annually with risk calculation #

† As recommended by the National Comprehensive Cancer Network (NCCN)
 * As recommended by the American College of Radiology, American Society of Breast Surgeons, and NCCN
 ** As recommended by the American College of Obstetricians and Gynecologists
 *** As recommended by the American College of Cardiology and American Heart Association
 # Utilizing the ACC/AHA 2013 Adult Cardiovascular Risk Calculator

	Ages 18-39	Ages 40-49	Ages 50-64	Ages 65+
DIABETES				
Blood Sugar Test	Annually if at risk due to high blood pressure, high cholesterol, obesity, etc. ◊	Annually for patients 40-45 if at risk. ◊	Annually ◊	Annually ◊
BONE HEALTH				
Bone Mineral Density Testing		Postmenopausal women younger than 65 with increased risk of osteoporosis should be tested.+	Postmenopausal women younger than 65 with increased risk of osteoporosis should be tested.+	Have a bone density test.+
COLORECTAL HEALTH				
Colorectal Cancer screening options include colonoscopy, sigmoidoscopy and fecal occult blood testing. (The risks and benefits of these screening methods vary.)		At age 45 begin screening. Ask your doctor or nurse which screening test is best for you and how often you need it.†	Get screened. Ask your doctor or nurse which screening test is best for you and how often you need it.†	Get screened through age 75. Ask which screening test is best for you and how often you need it.†
SKIN HEALTH				
Clinical Skin Cancer Examination	Every 3 years beginning at age 20.†	Annually†	Annually†	Annually†
IMMUNIZATIONS				
Tetanus	Every 10 years	Every 10 years	Every 10 years	Every 10 years
Flu Vaccine	Annually	Annually	Annually	Annually
Shingles Vaccine			Once, at age 50 or older (two doses, 2 to 6 months apart).	Once, at age 50 or older (two doses, 2 to 6 months apart).
Pneumonia Vaccine				Once, at age 65 or older.
HPV Vaccine	Three dose series through age 45.	Three dose series through age 45.		

◊ As recommended by the American Diabetes Association

+ As recommended by the US Preventive Services Task Force (USPSTF)

† As recommended by the American Cancer Society



Lara Bryan-Rest, MD
Radiologist – Breast Specialist

Providing women the most advanced breast care, right here on Cape Cod

Cape Cod Healthcare provides proactive, pioneering breast care close to home, using the latest technology and diagnostic expertise. At Cuda Women's Health Center in Hyannis and Seifer Women's Health and Imaging Center in Falmouth, we provide the most advanced equipment and tools for breast screening and diagnosis of breast cancer.

Our two modern facilities give women access to high quality care in a space that is serene, comfortable and private.

- 3D mammography (digital breast tomosynthesis)
- Breast MRI (3T wide-bore offered at Cuda Women's Health Center)
- Breast biopsy – stereotactic, MRI-guided and ultrasound-guided
- Breast ultrasound
- Hereditary cancer risk screening, genetic testing and counseling
- High-Risk Breast Cancer Program
- Breast cancer support groups
- Bone density testing

Proactive breast care leads to earlier diagnosis and better treatment of breast disease. Cape Cod Healthcare provides the tools and expertise you need, close to home.



**CAPE COD
HEALTHCARE**

Women's
Health



Cuda Women's Health Center – Hyannis
Seifer Women's Health Center – Falmouth

Cuda Women's Health Center

Wilkins Outpatient Medical Complex
35 Wilkins Lane, Barnstable
capecodhealth.org/cuda
To schedule an exam: 508-957-1700

Seifer Women's Health and Imaging Center

Falmouth Hospital Medical Office Building
90 Ter Heun Drive, Falmouth
capecodhealth.org/seifer
To schedule an exam: 1-877-224-2009

3D mammography is also offered at Fontaine
Outpatient Center in Harwich 508-957-1700



Maintaining your breast health requires a specialized approach to care including routine screening, breast cancer prevention education, risk assessment and genetic counseling, diagnosis, and if needed, treatment and care coordination.

Cape Cod Healthcare's Breast Care program partners you with expert physicians and dedicated services to navigate this process, utilizing the latest in technology and diagnostic expertise.

Comprehensive Breast Care and Imaging Services

- 3D screening mammography (digital breast tomosynthesis)
- Diagnostic mammography
- Breast ultrasound
- Breast MRI
- Ultrasound biopsies
- Stereotactic biopsies
- MRI-guided biopsies
- Hereditary and familial risk assessment
- Genetic counseling and testing
- High-Risk Breast Cancer Program
- Breast cancer support groups
- Bone density testing
- Digital radiology services for women and men
- Ultrasound services for women and men



Jill Oxley, MD, FACS

Director of Breast Care Services CCHC

A Message from Dr. Jill Oxley

As part of a woman's unique health needs that extend beyond primary care, our breast care services at Cape Cod Healthcare provide women of Cape Cod and the region access to comprehensive care, close to home.

Our state-of-the-art Women's Health Centers are dedicated to breast imaging and breast patient navigation, featuring the latest technology and diagnostic expertise. Cuda Women's Health Center in Hyannis and Seifer Women's Health and Imaging Center in Falmouth are both accredited by the National Accreditation Program for Breast Centers (NAPBC), a designation from the American College of Surgeons given to breast centers that have voluntarily committed to provide the highest level of quality breast care, including a rigorous evaluation process and performance review. Additionally, both centers have each been designated by the American College of Radiology (ACR) as a "Breast Center of Excellence" for achieving excellence via the ACR's voluntary breast accreditation program, as well as the mandatory Mammography Accreditation Program.

Our patient-centered approach includes routine screening and diagnostic testing, breast MRI, breast cancer education, hereditary cancer risk assessment and genetic testing, and our High-Risk Breast Cancer Program. Our breast care experts work as a team to educate and care for women, and include radiologists specializing in breast imaging, nurse practitioners, radiology technicians, a genetic counselor, breast patient navigators and support staff. Our breast surgery team includes two breast surgeons and advanced practice clinicians at Cape Cod Healthcare Breast Surgery—Hyannis and Cape Cod Healthcare Breast Surgery—Falmouth that are 100% dedicated to breast care. If a woman or man is diagnosed with breast cancer, our breast surgery team partners with our medical and radiation oncologists to create a personalized care plan.

By providing access to advanced screening and diagnostic tools like 3D mammograms and MRI exams, and to comprehensive surgical services should intervention be required, our expert breast care team can proactively and holistically manage breast health for patients close to home, on Cape Cod.

Nationally Accredited Women's Health Centers

We offer leading edge technology for routine screening and diagnostic testing, along with a dedicated team of expert breast care physicians and staff, at our state-of-the-art Women's Health Centers. Our modern centers provide a serene and comfortable environment for women of all ages, close to home.



Cuda Women's Health Center

Wilkens Outpatient Medical Complex
35 Wilkens Lane | Hyannis
508-957-1700
capecodhealth.org/cuda

Seifer Women's Health and Imaging Center

Falmouth Hospital Medical Office Building
90 Ter Heun Drive | Falmouth
877-224-2009
capecodhealth.org/seifer



3D screening mammography is also offered at:

Fontaine Outpatient Center

525 Long Pond Rd. | Harwich
508-957-1700

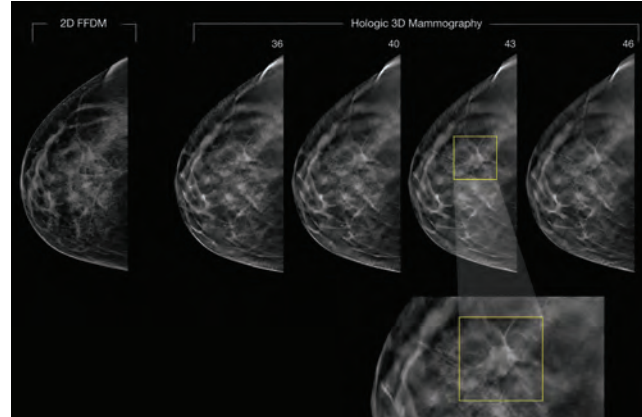


Both centers are accredited by the National Accreditation Program for Breast Centers (NAPBC), having met rigorous standards and review. Cuda Women's Health Center is also a Designated ACR Breast Center of Excellence. Both the mammography and ultrasound departments are accredited by the American College of Radiology.

Next Generation Imaging Technology Available at Cape Cod Healthcare

3D Mammography: The Gold Standard for Screening

An annual screening mammogram is the best way to detect breast cancer in its earliest stages when it can be treated effectively, beginning at age 40 for women of average risk. At Cape Cod Healthcare, we offer the latest digital technology of 3D mammography and a skilled team of breast imaging experts at our Women's Health Centers.



Facts About 3D Mammography

- The detail of 3D mammography is similar to that of a CT scan. Also known as digital breast tomosynthesis, it takes images of each breast from different angles and captures many thin layers of tissue. When images are reconstructed and combined with 2D mammography, they provide a clearer view of breast tissue compared to traditional 2D mammography alone.
- 3D mammography is more accurate. With its enhanced sensitivity, 3D mammography enables radiologists to better pinpoint the size, shape and location of abnormalities, reducing the need for call backs. Mammograms can show changes in the breast years before a patient or physician can feel them.
- 3D mammography detects more breast cancers as compared to 2D mammography alone and has improved the ability to detect invasive cancers.
- 3D mammography is better for dense breasts because of the clear and detailed picture it provides. We offer the Genius 3D Mammography Exam, the only mammogram that is FDA approved as superior for women with dense breasts when compared to 2D mammography alone.
- Radiation from an annual mammogram is a fraction of the average environmental exposure a person receives in a year.
- 3D mammography technology, available in Hyannis, Falmouth and Harwich, has a fast scan time of less than four seconds for better patient comfort.

For more information, please see capecodhealth.org/breast-care

Schedule a Mammogram

Online: capecodhealth.org/breast-care

By Phone: 508-957-1700

Cuda Women's Health Center | Hyannis

Seifer Women's Health and Imaging Center | Falmouth

3D Mammography also offered at:

Fontaine Outpatient Center
Harwich | 508-957-1700

Cancer Resource Fund

Assistance with the cost of genetic testing is available through the Cancer Resource Foundation. For more information about these funds, please call:

Cuda Women's Health Center
Hyannis | 508-957-1700

Seifer Women's Health and Imaging Center
Falmouth | 877-224-2009

High-Risk Breast Cancer Program

Our comprehensive breast care services at Cape Cod Healthcare include a specialized program to identify and monitor patients at high-risk for developing breast cancer and other types of cancer.

Patients who meet certain criteria for breast cancer risk will receive more intensive screening and may be recommended for additional medical management, such as preventive medicine or surgery.

Risk Screening and Genetic Testing

Cape Cod Healthcare offers patients several ways to review family and personal medical history to determine their risk for breast and other cancers:

- A formal in-person breast cancer risk consultation is recommended for all women beginning at age 25. At this appointment, which is covered by most insurance providers, a clinical breast care provider at Cape Cod Healthcare Breast Surgery in Hyannis or Falmouth will review your information, perform a clinical exam and discuss further recommendations.
- Every patient receives a comprehensive hereditary cancer risk assessment at an appointment for a routine screening mammogram or diagnostic testing.
- Our online assessment for breast cancer risk is available at www.capecodhealth.org/breast-cancer-aware.
- Our nurse practitioner specializing in genetics is available for a consultation appointment to review familial and hereditary cancer risk, and for further education and counseling about genetic testing.
- A patient with a confirmed genetic mutation for hereditary cancer syndrome or who has tested negative but remains at high familial risk will automatically be enrolled in our High-Risk Breast Cancer Program and receive a personalized care plan, including referrals to appropriate physicians for care and follow-up. High-risk management may include additional screening modalities, more frequent follow-up, preventative surgery and/or medication.
- Additional information on our High-Risk Breast Cancer Program, including a resource video with Stephanie Ellis, NP, is available at www.capecodhealth.org/high-risk-program or by calling 508-957-1720.

Breast Cancer Awareness



Learn your breast cancer risk
capecodhealth.org/breast-cancer-aware

National Accreditation Program for Breast Centers

Both Cuda Women's Health Center and Seifer Women's Health and Imaging Center are accredited with the National Accreditation Program for Breast Centers (NAPBC). Established by the American College of Surgeons, this is a quality-improvement program for patients with breast disease based on evidence-based standards and education for patients and professionals.

To receive and maintain accreditation, our breast centers must meet rigorous standards and review. Our dedicated committees work diligently to ensure consistent compliance with these standards under the physician leadership of Dr. Peter Hopewood (Falmouth Hospital) and Dr. Jill Oxley (Cape Cod Hospital).

NAPBC-accredited breast centers are voluntarily committed to providing the best possible care to patients with breast disease, which includes:

- Comprehensive care with a complete range of state-of-the-art services and equipment
- A team-approach to breast cancer in order to provide the best available treatment options
- Information about ongoing cancer clinical trials and treatment options
- Access to prevention and early detection programs, cancer education, and support services
- Ongoing monitoring and improvements in cancer care



Peter Hopewood, MD, FACS

General Surgery

Falmouth General Surgery
Falmouth Hospital Medical Office Building
90 Ter Heun Drive Suite 2300B
Falmouth, MA 02540
508-457-3880

- **Medical School:** University of Vermont College of Medicine, Burlington, VT
- **Residency:** New England Deaconess Hospital, Boston, MA (General Surgery)
- **Certification:** American Board of Surgery



Jill Oxley, MD, FACS

Breast Surgery

Cape Cod Healthcare Breast Surgery
—Hyannis
Wilkins Outpatient Medical Complex
35 Wilkens Lane
Hyannis, MA 02601
508-957-1720

- **Medical School:** Yale University School of Medicine, New Haven, CT
- **Residency:** Boston Medical Center, Boston, MA (General Surgery)
- **Certification:** American Board of Surgery

Physicians – Breast Care/Imaging

For additional information including clinical interests, see capecodhealth.org/physicians.

As part of our full team of radiologists, we have a unique team of physicians, including two fellowship-trained radiologist-breast specialists, skilled in all aspects of breast imaging and related procedures at our Women's Health Centers:

Brian T. Brochu, MD

Radiology

Falmouth Hospital Radiology
Falmouth Hospital
100 Ter Heun Drive
Falmouth, MA 02540
508-457-3550

- **Medical School:** Jefferson Medical College Thomas Jefferson University, Philadelphia, PA
- **Residency:** University of Massachusetts Medical School, Worcester, MA (Diagnostic Radiology)
- **Fellowship:** University of Massachusetts Medical School, Worcester, MA (MRI)



Lara Bryan-Rest, MD

Radiology

Special Focus: Breast Imaging

Falmouth Hospital Radiology
Falmouth Hospital
100 Ter Heun Drive
Falmouth, MA 02540
508-457-3550

- **Medical School:** University of Pittsburgh School of Medicine, Pittsburgh, PA
- **Residency:** Yale-New Haven Hospital, New Haven, CT (Diagnostic Radiology)
- **Fellowship:** Yale-New Haven Hospital, New Haven, CT (Breast Imaging, Vascular and Interventional Radiology)
- **Certification:** American Board of Diagnostic Radiology



Daniel M. Carr, MD

Radiology

Cape Cod Hospital Radiology
Cape Cod Hospital
27 Park Street
Hyannis, MA 02601
508-862-5315

- **Medical School:** University of Massachusetts Medical School, Worcester, MA
- **Residency:** Mount Auburn Hospital, Cambridge, MA (Radiology)
- **Fellowship:** New England Baptist Hospital, Boston, MA (Musculoskeletal Radiology)
- **Certification:** American Board of Radiology



Kenneth L. Caswell, MD

Radiology

Falmouth Hospital Radiology
Falmouth Hospital
100 Ter Heun Drive
Falmouth, MA 02540
508-457-3550

- **Medical School:** Temple University School of Medicine, Philadelphia, PA
- **Residency:** University of Virginia, Charlottesville, VA (Diagnostic Radiology)
- **Fellowship:** University of Virginia, Charlottesville, VA (Musculoskeletal Radiology)
- **Certification:** American Board of Diagnostic Radiology



Robb E. Hoehlein, MD

Radiology

Falmouth Hospital Radiology
Falmouth Hospital
100 Ter Heun Drive
Falmouth, MA 02540
508-457-3550

- **Medical School:** Eastern Virginia Medical School, Norfolk, VA
- **Residency:** University of Virginia, Charlottesville, VA (Diagnostic Radiology)
- **Fellowship:** University of Virginia, Charlottesville, VA (Musculoskeletal Radiology)
- **Certification:** American Board of Diagnostic Radiology



Ingrid Z. Hyder, MD

Radiology

Cape Cod Hospital Radiology
Cape Cod Hospital
27 Park Street
Hyannis, MA 02601
508-862-5315

- **Medical School:** Drexel University College of Medicine, Philadelphia, PA
- **Residency:** Pennsylvania Hospital of University of Pennsylvania Health System, Philadelphia, PA (Radiology)
- **Fellowship:** McGill University Health Center, Montreal, Canada (Musculoskeletal & Spine Imaging)
- **Certification:** American Board of Diagnostic Radiology

David M. Kelly, Jr., MD

Radiology

Cape Cod Hospital Radiology
Cape Cod Hospital
27 Park Street
Hyannis, MA 02601
508-862-5315

- **Medical School:** University of Virginia School of Medicine, Charlottesville, VA
- **Residency:** University of Miami, FL (Diagnostic Radiology), Harvard University, Boston, MA (Diagnostic Radiology)
- **Certification:** American Board of Diagnostic Radiology



Hope E. Peters, MD

Radiology

Cape Cod Hospital Radiology
Cape Cod Hospital
27 Park Street
Hyannis, MA 02601
508-862-5315

- **Medical School:** The Ohio State University College of Medicine, Columbus, OH
- **Residency:** Brigham and Women's Hospital, Harvard Medical School, Boston, MA (Radiology)
- **Certification:** American Board of Diagnostic Radiology



Mohammad Nourmohammadi, MD

Radiology

Falmouth Hospital Radiology
Falmouth Hospital
100 Ter Heun Drive
Falmouth, MA 02540
508-457-3550

- **Medical School:** West Virginia University School of Medicine, Morgantown, WV
- **Residency:** State University of New York Upstate Medical Center, Syracuse, NY (Radiology)
- **Fellowship:** Keck University Hospital of USC, Los Angeles, CA (MRI / Body Imaging)
- **Certification:** American Board of Diagnostic Radiology

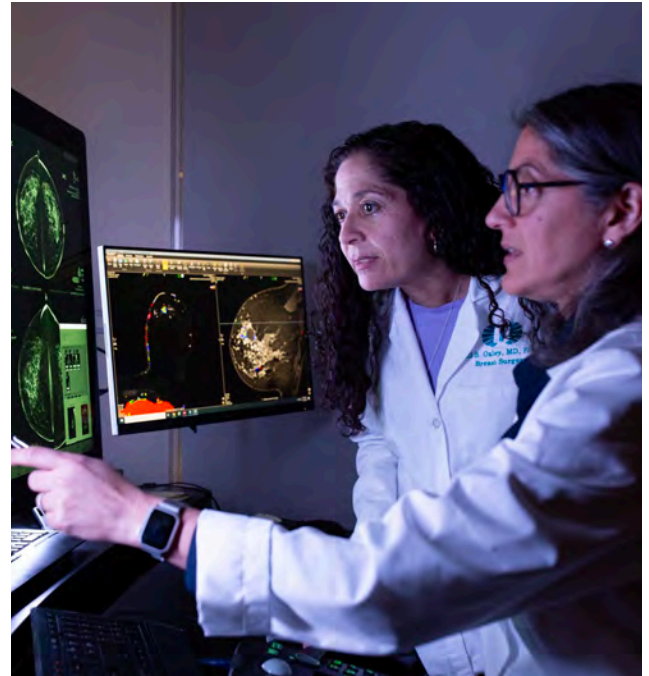
Other Providers

Additionally, a team of advanced practice clinicians provide care at Cuda Women's Health Centers in Hyannis comprised of Hayley Jureller, PA-C; Elizabeth Leach, NP; Jordan Letendre, NP; Katy McElroy, NP; and Patricia Ryan-Blanchard, NP. Nicole Salter, NP, practices at Seifer Women's Health and Imaging Center in Falmouth.

Advanced Care for Breast Cancer

Should a diagnosis confirm the presence of breast cancer, our team of exceptional cancer experts, including radiologists, breast surgeons, oncologists, radiation oncologists and breast patient navigators, work as a team to provide expert, personalized care. Patients also have access to nutrition, genetic counseling, rehabilitation and other support services.

Please see the Women's Surgical Services section of this directory for information on physicians who perform breast surgery, including two dedicated breast surgeons at Cape Cod Healthcare Breast Surgery.



Certified Breast Patient Navigators

At Cuda Women's Health Center in Hyannis and Seifer Women's Health and Imaging Center in Falmouth, we have a dedicated team of clinical advocates who help patients through the process of diagnostic testing, results and future appointments. Our certified breast patient navigators provide a level of personal guidance for our patients and help ensure a smooth experience through additional testing through treatment.

Breast Patient Navigator Team

Patricia Ryan-Blanchard, NP

Cuda Women's Health and Imaging Center, Hyannis, 508-957-1613

Kathy Murray, RN, CN-BN

Nicole Salter, NP

Seifer Women's Health and Imaging Center, Falmouth, 508-457-3780

Cape Cod Women's Cancer Prevention and Early Detection Fund

This special fund assists with covering the cost of screening, and additional imaging if necessary, which are not covered by health insurance, including 3D mammography and genetic testing.

For information, call Cuda Women's Health Center in Hyannis at 508-957-1700 or Seifer Women's Health and Imaging Center in Falmouth at 877-224-2009.





Did you know?

Cape Cod Health News is the Cape's go-to source for timely, informative and credible health articles, providing a spectrum of information from wellness and preventive medicine to the latest services and technology.

Sign up to receive a weekly email of the latest news at:

capecodhealthnews.com



Gynecology is a medical specialty dedicated to the health of the female reproductive system and breasts. Cape Cod Healthcare offers highly integrated gynecologic care to meet the unique needs of a woman in every stage of her life, from adolescence through reproductive years, menopause and beyond. Whether routine or highly complex care, our skilled, compassionate gynecologic providers, including board-certified and board-eligible obstetricians and gynecologists (OB/GYNs), nurse practitioners and certified nurse-midwives, offer the latest advances for screening, diagnostic, procedural and counseling services at convenient locations across Cape Cod. Our GYN teams work closely with other specialists including urologists, cardiologists, surgeons, infertility specialists, gastroenterologists, pelvic floor physical therapists, interventional radiologists and others to complete a patient's care.

Gynecologic Services and Treatments

Cape Cod Healthcare offers comprehensive, specialized care for a wide range of gynecologic conditions, screenings and treatments, including:

Diagnosis and Treatment

- Endometriosis
- Fibroids
- Pelvic pain
- Abnormal uterine bleeding
- Ovarian cysts
- Pelvic infections including STIs (sexually transmitted infections)
- Infertility
- Incontinence/overactive bladder
- Pelvic relaxation/prolapse

Well-Woman Care

- Well-Woman exam
- Pelvic exam
- Screening Pap & HPV testing
- Breast exam
- Wellness counseling

Contraception

- Full range of contraceptive care including hormonal and non-hormonal options

Menopausal Care

- Postmenopausal bleeding
- Hot flashes
- Vaginal dryness

Please contact practices directly for specific services and treatments offered and insurances accepted.
For more information, please see capecodhealth.org/gynecology.



Basic and Advanced Gynecologic Procedures

Cape Cod Healthcare offers women access to the high level of innovative, skilled surgical care and procedures you would expect from a major urban medical center, close to home. Most basic procedures are performed in the office setting, and advanced procedures are performed in an outpatient or inpatient setting. Our integrated team of board-certified OB/GYNs, anesthesiologists and nurses are equipped with the latest technology and perform a full range of reproductive system surgery and procedures, ranging from in-office treatments to minimally-invasive, robotically-assisted and conventional surgery.

Office-based Procedures

- Colposcopy, a magnified exam of cervical, vaginal or vulvar tissue which may include biopsies
- Cryosurgery, surgery using local application of intense cold to destroy abnormal tissue
- diVa laser vaginal therapy for atrophic vaginitis and urinary incontinence
- Endometrial ablation for heavy menstrual bleeding (performed in-office and in outpatient setting)
- Endometrial biopsy
- Endosee®, in-office diagnostic hysteroscopy (uterine scope)
- Intrauterine device (IUD) insertion and removal
- Implantable contraception
- Loop electrosurgical excision procedure (LEEP) for abnormal cervical cell growth
- Pessary fittings for pelvic organ prolapse
- ThermiVa® radiofrequency therapy for bladder control and sexual dysfunction
- Hysterectomy (laparoscopic, robotically-assisted, abdominal and vaginal)
- Hysteroscopy, an examination of the inside of the uterus
- InterStim™ therapy for overactive bladder
- Oophorectomy, removal of the ovaries
- Ovarian cyst removal
- Pelvic organ prolapse surgery (cystocele, rectocele, uterine prolapse)
- Uro-gynecologic surgery
- Tubal sterilization/fallopian tube removal

Advanced Specialty Care Coordinated with:

- Gynecologic oncologists
- Uro-gynecologists

Osteopathic Manipulative Treatment (OMT)

Offered by Lindsay LaCorte, DO, MPH, FACOOG and Joshua Lupton, DO

Outpatient/Inpatient-based Procedures

- Dilation and curettage (D&C) to remove tissue from the inner lining of the uterus
- Endometrial ablation for heavy menstrual bleeding (performed in-office and in outpatient setting)

Please contact practices directly for specific procedures and surgical services offered and insurances accepted.

High-Quality Urgent Care



ER Expertise Meets Urgent Care Convenience

When you need to be seen for a minor illness or injury, we've got you covered.

- Full-service care with no appointment needed
- Board-certified ER providers
- Convenient access with locations across Cape Cod and in Plymouth
- Timely treatment in under an hour for 95% of patients
- A cost-saving care option
- On-site X-ray and IV administration



CAPE COD
HEALTHCARE

Urgent Care



View locations and wait times at
capecodhealth.org/urgent-care

State-of-the-Art GYN Imaging Services, Close to Home

Cape Cod Hospital

27 Park Street
Hyannis, MA 02601
508-771-1800
capecodhealth.org/cape-cod-hospital

Pelvic ultrasound

Cuda Women's Health Center

Wilkens Outpatient Medical Complex
35 Wilkens Lane
Hyannis, MA 02601
508-957-1700
capecodhealth.org/cuda

*Screening and diagnostic breast imaging;
bone density testing*

Falmouth Hospital Imaging at Community Health Center of Cape Cod

107 Commercial Street
Mashpee, MA 02649
508-539-6020
capecodhealth.org/imaging-chc

Pelvic ultrasound

Fontaine Outpatient Center

525 Long Pond Drive
Harwich, MA 02645
508-432-4100
capecodhealth.org/fontaine

*Screening mammography; bone density testing;
pelvic ultrasound*

Seifer Women's Health and Imaging Center

Falmouth Hospital Medical Office
Building 90 Ter Heun Drive
Falmouth, MA 02540
877-224-2009
capecodhealth.org/seifer

*Screening and diagnostic breast imaging; bone
density testing; pelvic ultrasound*

Stoneman Outpatient Center

2 Jan Sebastian Drive
Sandwich, MA 02563
508-833-8247
capecodhealth.org/stoneman

Pelvic ultrasound

Wilkens Outpatient Medical Complex

35 Wilkens Lane
Hyannis, MA 02601
508-957-1600
capecodhealth.org/wilkens

Pelvic ultrasound



Well-Woman Exam

It is important that women understand their bodies, how to perpetuate good health and how to identify the risks that lead to diminished health and well-being. Many areas of a woman's health are reviewed at this recommended yearly check-up, including:

- Screening for cancer of the breast, cervix (Pap smear, HPV) and other gynecological cancers
- A pelvic exam to check for abnormalities of the reproductive organs
- A breast exam
- Additional screening recommendations such as bone density testing and colonoscopy depending on a patient's age
- Birth control counseling if applicable
- Prevention of sexually transmitted infections and testing if needed
- Discussion about menopause if applicable
- Wellness counseling

Adolescent Gynecology

The transition from pediatric to gynecologic care may begin with an educational appointment for teens or young adults to meet with a gynecologic provider and learn more about this important part of a woman's health, laying a foundation for future well-being. Topics covered may include:

- Menstrual issues
- Contraception counseling
- Sexual health
- Importance of routine GYN screenings
- Wellness counseling

We encourage young women to partner with their pediatrician or primary care provider for a referral to one of our gynecologic providers.

Practices – Gynecology

UPPER-CAPE: FALMOUTH

Cape Obstetrics & Gynecology

Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088
capecodhealth.org/cape-obgyn-falmouth

Providers: Paul DeMeo, MD; Nancy Graham, NP, RNC, IBCLC

Community Health Center

26 Egerton Drive, Suite C
North Falmouth, MA 02556
508-477-7090
chcofcapecod.org

Physicians: Sibel Bessim, MD; Maryanne C. Bombaugh, MD; Mariana A. Rabin, MD

UPPER-CAPE: BOURNE

Cape Obstetrics & Gynecology

Bourne Health Center
1 Trowbridge Place
Bourne, MA 02532
508-457-0088
capecodhealth.org/cape-obgyn-bourne

Providers: Paul DeMeo, MD; Holly Zheng, MD; Nancy Graham, NP, RNC, IBCLC

UPPER-CAPE: SANDWICH

Cape Obstetrics & Gynecology

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088
capecodhealth.org/cape-obgyn-sandwich

Providers: Elizabeth Murray, MD; Holly Zheng, MD; Nancy Graham, NP, RNC, IBCLC

UPPER-CAPE: MASHPEE

Community Health Center

107 Commercial Street
Mashpee, MA 02649
508-477-7090
chcofcapecod.org

Physicians: Sibel Bessim, MD; Maryanne Bombaugh, MD; Marina Rabin, MD

Falmouth Women's Health

133 Falmouth Road, Building 2, Suite A
Mashpee, MA 02649
508-681-5081
falmouthwomenshealth.com

Providers: Richard Heywood, III, DO, FACOG; Elizabeth Speed, MD; Valerie Walbek, NP

MID-CAPE: HYANNIS

All Cape Gynecology

1330 Phinneys Lane
Hyannis, MA 02601
508-775-0003
sorgentemedspa.com

Physician: Lucia Cagnes, MD

Cape Cod Hospital OB/GYN

43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050
capecodhealth.org/cch-obgyn

Providers: William Agel, MD; Richard Angelo, MD; Joshua Lupton, DO; Michael F. Neel, MD; Eva J. Strobl, MD

Practices – Gynecology (cont.)

Women's Health Associates of Cape Cod

46 North St, Suite 1A
Hyannis, MA 02601
508-771-7100
womenshealthassociatesofcapecod.com

Physician: GERALYN LEONE, MD; TARA CHUTE, MD

LOWER CAPE: BREWSTER

Cape Gynecology

19 Bay State Court
Brewster, MA 02631
508-255-2325
capegynecology.com

Providers: BARBARA GLEASON, DO; JAYMIE ADACHI, FNP

Physicians – Gynecology

For additional information including clinical interests, see capecodhealth.org/physicians.



William Agel, MD

Obstetrics and Gynecology
Cape Cod Hospital OB/GYN
43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050

- **Medical School:** New Jersey Medical School, Newark, NJ
- **Residency:** Tufts University School of Medicine, Boston, MA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Richard Angelo, MD

Obstetrics and Gynecology
Cape Cod Hospital OB/GYN
43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050

- **Medical School:** Rutgers Medical School, Newark, NJ
- **Residency:** Tufts-New England Medical Center, Boston, MA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Sibel Bessim, MD

Obstetrics and Gynecology
Special Focus: Gynecology
Community Health Center
26 Edgerton Drive, Suite C
North Falmouth, MA 02556
508-477-7090

- **Medical School:** Mt. Sinai School of Medicine, New York, NY
- **Residency:** Mt. Sinai Medical Center, New York, NY (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology

Maryanne C. Bombaugh, MD

Obstetrics and Gynecology
Special Focus: Gynecology
Community Health Center
107 Commercial Street
Mashpee, MA 02649
508-477-7090

- **Medical School:** University of Texas Health Science Center, San Antonio, TX
- **Residency:** Walter Reed Army Medical Center, Washington, DC (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology

**Lucia Cagnes, MD**

Obstetrics and Gynecology
Special Focus: Gynecology

All Cape Gynecology
 1330 Phinney's Lane
 Hyannis, MA 02601
 508-775-0003

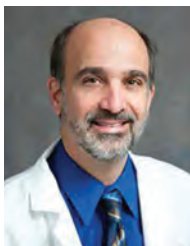
- **Medical School:** University of Palermo School of Medicine and Surgery, Italy
- **Residencies:** University Hospital of Palermo, Italy (Obstetrics and Gynecology), Rochester General Hospital, Rochester, NY (Obstetrics and Gynecology), Bethesda Hospital, Cincinnati, OH (Family Practice)
- **Certification:** American Board of Obstetrics and Gynecology

**Tara Chute, MD**

Obstetrics and Gynecology
Special Focus: Gynecology

Women's Health Associates
 of Cape Cod
 46 North Street, Suite 1A
 Hyannis, MA 02601
 508-771-7100

- **Medical School:** University of Massachusetts Medical School, Worcester, MA
- **Residency:** University of Massachusetts Memorial Hospital, Worcester, MA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology

**Paul DeMeo, MD**

Obstetrics and Gynecology

Cape Obstetrics & Gynecology
 Falmouth Hospital Medical Office Building
 90 Ter Heun Drive
 Falmouth, MA 02540
 508-457-0088

Bourne Health Center
 1 Trowbridge Place
 Bourne, MA 02532
 508-457-0088

- **Medical School:** University of Vermont College of Medicine, Burlington, VT
- **Residency:** St. Francis Hospital and Medical Center, Hartford, CT (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology

**Dima Ezzedine, MD, FACOG**

Obstetrics and Gynecology
Special Focus: Urogynecology and
Reconstructive
Pelvic Surgery Only

Greater Boston Urology
 45 Home Depot Drive
 Plymouth, MA 02360
 508-732-6770

Greater Boston Urology
 700 Attucks Lane Suite 2A
 Hyannis, MA 02601
 508-957-3100

- **Medical School:** Lebanese University, Faculty of Medical Sciences, Beirut, Lebanon
- **Residency:** American University of Beirut, Beirut, Lebanon (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology
- **Fellowship:** Atlantic Health System, Morristown, NJ (Female Pelvic Medicine and Reconstructive Surgery)

**Barbara Gleason, DO**

Obstetrics and Gynecology
Special Focus: Gynecology

Cape Gynecology
 19 Bay State Court
 Brewster, MA 02631
 508-255-2325

- **Medical School:** University of Medicine and Dentistry of New Jersey, School of Osteopathic Medicine, Stratford, NJ
- **Residency:** University of Medicine and Dentistry of New Jersey, School of Osteopathic Medicine, Stratford, NJ (Obstetrics and Gynecology)
- **Certification:** American Osteopathic Board of Obstetrics and Gynecology



Richard Heywood, III, DO, FACOG

Obstetrics and Gynecology
Special Focus: Gynecology

Falmouth Women's Health
133 Falmouth Road Building 2, Suite A
Mashpee, MA 02649
508-681-5081

- **Medical School:** University of New England College of Osteopathic Medicine, Biddeford, ME
- **Residency:** Naval Medical Center, Portsmouth, VA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Xibel Jia, MD, FACOG

Obstetrics and Gynecology
Special Focus: Urogynecology

Urology Associates of Cape Cod
125 Route 6A
Yarmouth Port, MA 02675
508-771-9550

- **Medical School:** Tufts University School of Medicine, Boston, MA
- **Residency:** Stamford Hospital/Columbia University School of Physicians and Surgeons, Stamford, CT
- **Fellowships:** University of Massachusetts Medical Center, Worcester, MA, (Female Pelvic Medicine and Reconstructive Surgery), Hahnemann University Hospital, Philadelphia, PA (Female Pelvic Medicine and Reconstructive Surgery)
- **Certification:** American Board of Obstetrics and Gynecology



Geralyn Leone, MD

Obstetrics and Gynecology
Special Focus: Gynecology

Women's Health Associates of Cape Cod
46 North Street, Suite 1A
Hyannis, MA 02601
508-771-7100

- **Medical School:** Boston University School of Medicine, Boston, MA
- **Residency:** University of Miami, Jackson Memorial Hospital, Miami, FL
- **Certification:** American Board of Obstetrics and Gynecology



Joshua Lupton, DO

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050

- **Medical School:** University of New England College of Osteopathic Medicine, Biddeford, ME
- **Residency:** Henry Ford Wyandotte Hospital, Wyandotte, MI (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Elizabeth Murray, MD

Obstetrics and Gynecology

Cape Obstetrics & Gynecology
Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088

- **Medical School:** Georgetown University School of Medicine, Washington, DC
- **Residency:** Duke University Medical Center, Durham, NC (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Michael F. Neel, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050

- **Medical School:** Texas Tech University School of Medicine, Lubbock, TX
- **Residency:** Tufts University Affiliated Residency Program, Boston, MA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology

Marina A Rabin, MD

Obstetrics and Gynecology
Special Focus: Gynecology

Community Health Center
 26 Edgerton Drive, Suite C
 North Falmouth, MA 02556
 508-477-7090

- **Medical School:** Boston University School of Medicine, Boston, MA
- **Residency:** Beth Israel Deaconess Hospital, Boston, MA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology

**Elizabeth Speed, MD**

Obstetrics and Gynecology
Special Focus: Gynecology

Falmouth Women's Health
 133 Falmouth Road Building 2, Suite A
 Mashpee, MA 02649
 508-681-5081

- **Medical School:** University of Massachusetts Medical School, Worcester, MA
- **Residency:** Albert Einstein College of Medicine at Montefiore, Bronx, NY (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology

**Eva J. Strobl, MD**

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
 43 Lewis Bay Road
 Hyannis, MA 02601
 774-552-6050

- **Medical School:** New York Medical College, Valhalla, NY
- **Residency:** Lehigh Valley Health Network, Allentown, PA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology

**Holly Zheng, MD**

Obstetrics and Gynecology

Cape Obstetrics & Gynecology Bourne
 Health Center
 1 Trowbridge Place
 Bourne, MA 02532
 508-457-0088

Falmouth Hospital Medical Office Building
 90 Ter Heun Drive
 Falmouth, MA 02540
 508-457-0088

Stoneman Outpatient Center
 2 Jan Sebastian Drive
 Sandwich, MA 02563
 508-457-0088

- **Medical School:** The Pennsylvania State University College of Medicine, Hershey, PA
- **Residency:** Temple University Hospital, Philadelphia, PA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Did you know?

Cape Cod Healthcare has partnered with Premier Ultrasound services and Dr. Tamara Takoudes of Boston Maternal-Fetal Medicine to provide services for patients with high-risk pregnancies at Wilkens Outpatient Medical Complex in Hyannis and Falmouth Hospital.



Having a baby is one of life's most memorable experiences. Our maternity specialists from The Family Birthplace at Cape Cod Hospital welcome the opportunity to provide expectant mothers and their babies with expert, personalized care throughout pregnancy, birth and beyond. Our skilled care teams of board-certified and board-eligible obstetrician/gynecologists (OB/GYNs), certified nurse-midwives, nurse practitioners, childbirth and parenting educators, board-certified lactation consultants, nurses and support staff partner with families every step of this special journey to ensure a safe and rewarding birth experience.

The Family Birthplace App – Powered by Bump2Baby360®

Pregnancy to parenthood, comprehensive learning for every stage!



Scan to register

As part of our childbirth and parenting education, The Family Birthplace at Cape Cod Hospital is pleased to offer a free and convenient web app with essential tools and information, on the go! Because it's regularly reviewed by experts, this supplement to our education classes is full of evidence-based information you can trust, accessible by smart phone, tablet or computer, whenever and wherever you need it.

Childbirth and parenting tips, tools and info... all at your fingertips!

- Dedicated modules about pregnancy, birth, breastfeeding, mother & baby care and your baby's first year through videos, colorful text and photos, 3D animation and more
- Parent's toolbox (with helpful aids like a feeding/diaper log), optional weekly emails, checklists, resource PDFs
- Services and information about The Family Birthplace at Cape Cod Hospital
- Extended learning that can be easily shared with your partner and support people

In-language versions in Portuguese, Spanish, Haitian Creole and more!

3 Easy Ways to Access the App

Creating your account from your phone, tablet or computer is easy – all you need is internet access.

STEP 1

- Register for The Family Birthplace App – Powered by Bump2Baby360® by providing a few details on our registration page.

STEP 2

- Once you've registered, you'll receive an email from noreply@bump2baby360.com with instructions to create your unique login.

STEP 3

- Download the app through your device's app store by searching, "**Bump2Baby360.**"
- You can also log in at any time at <https://id.bump2baby360.com>





Prenatal Care

Prenatal care is an important part of keeping you and your baby healthy during your pregnancy. You will partner with specialized medical providers, who will monitor your health and the development of your baby through regular check-ups and routine testing:

Obstetrician/Gynecologists

Board-certified and board-eligible physicians who specialize in pregnancy, childbirth and post-delivery care in addition to reproductive health. Our OB/GYNs also share 24/7 laborist coverage at The Family Birthplace at Cape Cod Hospital, ensuring an on-site physician presence for labor and delivery at all times.

Midwives

Our certified nurse-midwives (CNMs) provide a nurturing and educational approach, working closely with obstetricians should additional medical intervention become necessary.

Hospitalist midwifery is available at The Family Birthplace at Cape Cod Hospital, supplementing laborist coverage.

Nurse Practitioners

Our nurse practitioners are part of your prenatal care team, providing in-office obstetrical care.

Family-Centered Birth Care

Family-centered care is provided in spacious and private labor, delivery, recovery and postpartum (LDRP) suites designed with comfort and safety in mind. Our welcoming birth suites include:

- Private bathroom with shower
- Recliner and rocking chair
- In-room sleeping area for your partner
- Cable TV
- Security measures, including a locked maternity unit and baby tagging alert system to ensure your baby's safety

You and your baby room together throughout your stay, and your partner is also encouraged to stay and join in learning how to care for your new baby. Advantages of family-centered care include:

- An environment that supports parent-baby bonding
- Hands-on educational opportunities caring for your new baby
- Earlier establishment of feeding and sleeping routines
- Greater opportunity for breastfeeding success
- Close, consistent communication with nurses dedicated to you and your baby

The Family Birthplace

The Family Birthplace at Cape Cod Hospital has been bringing new life into the world for generations. We're proud to provide the highest level of care possible for parents and their babies, close to home, and work hard to ensure a safe and rewarding birth experience. Our obstetricians, midwives and nurses will partner with you to accommodate and support the style of delivery you choose, with different options available for labor and birth, anesthesia, breastfeeding and more.

When you choose The Family Birthplace at Cape Cod Hospital, you have a full support team here for you:

- An experienced obstetrical laborist on-site 24/7 focused on the care of women in labor and delivery of babies, enhancing patient safety and outcomes for mothers and babies. Our dedicated team of OB/GYNs shares laborist coverage and is supplemented by a skilled team of certified nurse-midwives.
- Partnerships with Premier Ultrasound and Boston Maternal Fetal Medicine for specialized high-risk pregnancy care.
- A wide offering of childbirth education and infant care classes.
- The Family Birthplace App, with essential tools and information for pregnancy through baby's first year, whenever you need them.
- A dedicated team of on-site pediatric hospitalists from Boston Children's Hospital available 24/7 should your baby need medical care during labor and delivery or while in the nursery. Through Cape Cod Healthcare's clinical collaboration with Boston Children's, patients have access to high quality, integrated pediatric care and resources from the top pediatric hospital in the country, including services such as newborn teleaudiology screening.
- Breastfeeding support during your maternity stay and after.
- Postpartum screening and access to a licensed social worker on staff.
- For expectant mothers seeking substance abuse disorder support during pregnancy, Cape Cod Healthcare is committed to providing specialized and safe care for mothers needing addiction support and for infants affected by Neonatal Abstinence Syndrome.

Obstetrical Coverage

At The Family Birthplace, 24/7 obstetrical coverage for our patients is shared with Cape Cod Healthcare's outstanding team of obstetricians and midwives.

An experienced obstetrical laborist is on-site at all times and is focused on the care of women in labor and delivery of babies, enhancing patient safety and outcomes for mothers and babies. Our dedicated team of OB/GYNs shares laborist coverage and is supplemented by a skilled team of certified nurse-midwives.

Pregnancy, Birth & Parenting Classes

The Family Birthplace at Cape Cod Hospital offers a wide range of classes, events and support groups that will help you, your birth partner and even siblings-to-be prepare for childbirth and the care of your new baby. A Portuguese class is also available. Topics include:

- Third trimester pregnancy changes
- Nutrition
- A tour of The Family Birthplace
- The birth process
- Breathing and relaxation techniques
- Labor and delivery, including options available
- Postpartum care and going home
- Breastfeeding
- Newborn care, including feeding, bathing, diapering and more
- Infant-child CPR
- Social support for new mothers and fathers

For more information and to register online see www.capecodhealth.org/classes-events or visit our Patient Help Center at www.capecodhealth.org/patient-help.



Breastfeeding Support

An important part of The Family Birthplace care team are our dedicated board-certified lactation consultants. These specialized nurses provide both inpatient and outpatient lactation support, as well as facilitate a breastfeeding support group and education at Cape Cod Hospital.

Because breastfeeding is known to provide many health benefits for both babies and their mothers, the team from The Family Birthplace at Cape Cod Hospital is committed to supporting women who choose to breastfeed.

For more information, please contact:
The Family Birthplace at Cape Cod Hospital – lactation: 508-862-7266

Home Visit for Mom and Baby

The Visiting Nurse Association of Cape Cod has a special Maternal Health division dedicated to supporting parents and newborns recently discharged from Cape Cod Hospital. These specially trained nurses offer a home visit where they can answer any questions, offer infant feeding support, and perform a check of both mom and baby's health (including vital signs and weight checks). For more information call 508-957-7627.



Your Dedicated Care Team

Your care team during your stay at The Family Birthplace may consist of several medical specialists, including your OB/GYN, a hospital laborist, certified nurse-midwives (CNMs) and nurses, all dedicated to providing compassionate, skilled care while listening to a woman's wishes for her birth experience. Our team is committed to education and promotion of normal pregnancy, labor and birth, with medical intervention only when necessary.

Practices – OB/GYN

Cape Cod Hospital OB/GYN

43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050
capecodhealth.org/cch-obgyn

*Providers: William Agel, MD; Richard Angelo, MD;
Joshua Lupton, DO; Michael F. Neel, MD; Eva J.
Strobl, MD*

Cape Obstetrics & Gynecology

Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088
capecodhealth.org/cape-obgyn-falmouth

*Providers: Paul DeMeo, MD; Elizabeth Murray, MD;
Holly Zheng, MD; Nancy Graham, NP, RNC, IBCLC*

Bourne Health Center
1 Trowbridge Place
Bourne, MA 02532
508-457-0088
capecodhealth.org/cape-obgyn-bourne

*Providers: Paul DeMeo, MD; Holly Zheng, MD;
Nancy Graham, NP, RNC, IBCLC*

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088
capecodhealth.org/cape-obgyn-sandwich

*Providers: Elizabeth Murray, MD; Holly Zheng, MD;
Nancy Graham, NP, RNC, IBCLC*

Physicians – OB/GYN

For additional information including clinical interests, see capecodhealth.org/physicians.



William Agel, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050

- **Medical School:** New Jersey Medical School, Newark, NJ
- **Residency:** Tufts University School of Medicine, Boston, MA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Richard Angelo, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050

- **Medical School:** Rutgers Medical School, Newark, NJ
- **Residency:** Tufts-New England Medical Center, Boston, MA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Paul DeMeo, MD

Obstetrics and Gynecology

Cape Obstetrics & Gynecology
Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

Bourne Health Center
1 Trowbridge Place
Bourne, MA 02532
508-457-0088

- **Medical School:** University of Vermont College of Medicine, Burlington, VT
- **Residency:** St. Francis Hospital and Medical Center, Hartford, CT (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Joshua Lupton, DO

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050

- **Medical School:** University of New England College of Osteopathic Medicine, Biddeford, ME
- **Residency:** Henry Ford Wyandotte Hospital, Wyandotte, MI (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Elizabeth Murray, MD

Obstetrics and Gynecology

Cape Obstetrics & Gynecology
Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088

- **Medical School:** Georgetown University School of Medicine, Washington, DC
- **Residency:** Duke University Medical Center, Durham, NC (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Michael F. Neel, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050

- **Medical School:** Texas Tech University School of Medicine, Lubbock, TX
- **Residency:** Tufts University Affiliated Residency Program, Boston, MA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Eva J. Strobl, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050

- **Medical School:** New York Medical College, Valhalla, NY
- **Residency:** Lehigh Valley Health Network, Allentown, PA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Holly Zheng, MD

Obstetrics and Gynecology

Cape Obstetrics & Gynecology
Bourne Health Center
1 Trowbridge Place
Bourne, MA 02532
508-457-0088

Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088

- **Medical School:** The Pennsylvania State University College of Medicine, Hershey, PA
- **Residency:** Temple University Hospital, Philadelphia, PA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology

Certified Nurse-Midwives

Our team of certified nurse-midwives (CNMs) provide inpatient labor, delivery and postpartum care with The Family Birthplace at Cape Cod Hospital.

Kayleigh Eckstrom, CNM

Inpatient Midwifery

- **Graduate School:** Georgetown University, Washington, DC
- **Certification:** American College of Nurse Midwives

Christian Noble, CNM

Inpatient Midwifery

- **Graduate School:** Baystate Medical Center, Springfield, MA
- **Certification:** American Midwifery Certification Board

Pamela Rutherford, CNM

Inpatient Midwifery

- **Graduate School:** Vanderbilt University, Nashville, TN
- **Certification:** American Midwifery Certification Board

Madison Sommers McNary, CNM

Inpatient Midwifery

- **Graduate School:** Baystate Midwifery Education Program, Springfield, MA
- **Certification:** American Midwifery Certification Board

Stephanie Tripathi, CNM

Inpatient Midwifery

- **Graduate School:** Frontier Nursing University, Versailles, KY
- **Certification:** American Midwifery Certification Board



Did you know?

Cape Cod Hospital is one of the select few hospitals in the country with 30-day heart attack mortality rates that are better than the national average. We have some of the fastest “door-to-balloon times” in the state and the nation, meaning if you arrive in one of our emergency rooms, you could be receiving treatment in our catherization lab in as soon as 12 minutes. This translates to higher survival rates and less damage following a heart attack.



Heart disease is the number one cause of death for women in the United States. It is known as a silent killer, as the symptoms of heart disease or heart attacks in women can be very different from men and not always recognized as heart-related. Cape Cod Healthcare encourages women to be aware of their risks for heart disease and to take charge of their heart health.



Cape Cod Healthcare Heart and Vascular Institute: Comprehensive Cardiovascular Care, Close to Home

The specialists at our nationally recognized Heart and Vascular Institute, including cardiologists, heart and vascular surgeons, cardiac nurses and technicians, are highly skilled in detecting and treating women's heart conditions. We offer a comprehensive range of cardiac services using the latest in technology, including minimally invasive procedures, to achieve best outcomes.

Cape Cod Healthcare's Heart and Vascular Institute features:

- An exceptional level of care with quality outcomes.
- The training and expertise of board-certified cardiac and vascular physicians combined with the full resources of Cape Cod Healthcare, including Cape Cod Hospital and Falmouth Hospital, and the Visiting Nurse Association of Cape Cod.
- Skilled cardiovascular physician specialists working together to coordinate patient care.
- Outstanding physicians, nurse practitioners, physician assistants, nurses, technicians and staff.
- The latest research, screening and education resources.
- A continuum of care with seamless diagnosis, treatment and follow-up care.

Did You Know...

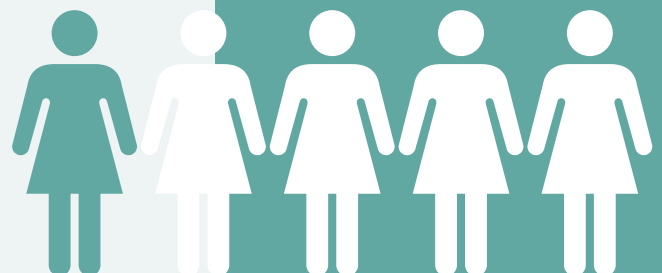
- Someone dies from heart disease every 34 seconds.
- 44% of females in the United States has some form of heart disease.
- Over 27% of American women are overweight.
- 10% of American women smoke.
- Heart disease claims more women's lives than the next two top causes of death combined, including all forms of cancer.
- Nearly five times as many women (200,000) will die from heart attacks alone this year than will die from breast cancer.
- Since 1984, more women than men have died of heart disease each year.
- Most women begin to develop heart disease at a very young age.
- Women face a 20% increased risk of developing heart failure or dying within five years after their first heart attack compared to men.



20%

Risk Factors Include:

- High blood pressure
- High blood cholesterol
- Diabetes
- Smoking
- Being overweight
- Physical inactivity/sedentary lifestyle
- A family history of early heart disease
- Age (55 or older for women)



Sources:
 American Heart Association, National Institutes of Health,
 American Lung association, and Harvard Health

Cardiac Services and Treatments

Your primary care doctor or gynecologist may refer you to a cardiologist, if he or she suspects a heart-related condition. Symptoms that may indicate a heart condition include persistent shortness of breath, chest pain or dizziness. A cardiologist will review your medical history and perform a physical exam that may include checking blood pressure, weight, heart, lungs and blood vessels. Some issues may be diagnosed by symptoms at the examination; others will require more specialized testing.

Cape Cod Healthcare offers a wide range of services and advanced procedures, including non-invasive testing and imaging, catheter-based interventional cardiology, and invasive cardiology using open or minimally-invasive surgery:

- Advanced cardiac imaging
- Angioplasty and stenting
- Aortic aneurysm repair or removal
- Cardiac ablation, including cryoablation
- Cardiac catheterization
- Cardiac electrophysiology
- Cardiac rehabilitation
- Cardiac screening and education
- Cardiothoracic surgery
- Cardioversion
- Coronary artery bypass grafting (CABG)
- Coronary artery surgery
- Defibrillator placement
- Echocardiograms
- Electrophysiology studies
- Exercise stress tests
- Extracorporeal membrane oxygenation (ECMO)
- Heart failure clinic
- Hypothermia therapy
- Intra-aortic balloon pump therapy
- MAZE procedure for atrial fibrillation correction
- Mitral valve repair and replacement
- Open heart surgery
- Pacemaker placement, including Micra Transcatheter Pacing System
- Thoracic aortic surgery
- Transcatheter Aortic Valve Replacement (TAVR) Vascular medicine and surgery
- Watchman FLX™ left atrial appendage closure

**Please contact practices directly for specific services and procedures offered and insurances accepted.
For additional information, please see [capecodhealth.org/womens-heart-health](https://www.capecodhealth.org/womens-heart-health).**

Heart Attack Warning Signs

Seek help immediately if you are experiencing any of these heart attack symptoms:

- Chest pain
 - May start as mild discomfort and progress to more intense pain
 - May come and go
 - May feel like a weight on the chest or a squeezing sensation
- Discomfort in other parts of the upper body
- Pain in the arms, back, jaw, neck, or stomach
- Shortness of breath
- A sensation of difficulty breathing
- Rapid or shallow breathing
- Sweating
- Nausea and vomiting
- Lightheadedness
- Anxiety

Although symptoms of chest pain and discomfort occur in both men and women, women are somewhat more likely to experience:

- Shortness of breath
- Back or jaw pain
- Nausea or vomiting

Preventing Heart Disease

- Avoid tobacco
- Be more active
- Choose good nutrition
- Know your blood pressure
- Know your cholesterol
- Maintain a healthy weight
- Have your annual physical and any necessary follow-up with your primary care physician (PCP)



Practices – Cardiovascular Specialties

UPPER CAPE: FALMOUTH

Cape Cod Healthcare Cardiovascular Center – Falmouth

Falmouth Hospital Medical Office Building
90 Ter Heun Drive, 3rd Floor
Falmouth, MA 02540
508-540-0604
capecodhealth.org/cvc-falmouth

Providers: John Hostetter, MD, FACC; David Rancourt, DO, MPH, FACC; Kenneth S. Spector, MD, PhD, FACC; Megan Titas, MD; Kristina Jarvis, NP;

Cardiac Rehabilitation – Falmouth

Falmouth Hospital Medical Office Building
100 Ter Heun Drive, 1st floor
Falmouth, MA 02540
508-495-7676
capecodhealth.org/cardiac-rehab-falmouth

Vascular and Vein Center of Cape Cod – Falmouth

Cape Cod Healthcare Cardiovascular Center
Falmouth Hospital Medical Office Building
90 Ter Heun Drive, Suite 303
Falmouth, MA 02540
508-457-9739
capecodhealth.org/vascular-vein-falmouth

*Physician: James Knox, MD, FACS, RVT;
Elizabeth A. Mahanor, MD, FACS*

The Vascular Care Group – North Falmouth

33 Edgerton Drive
North Falmouth, MA 02556
774-247-0571
thevascularcaregroup.com

*Physicians: Daniel Gorin, MD, RVT, FACS;
Alison Messina, MD*

UPPER CAPE: SANDWICH

Cape Cod Healthcare Cardiovascular Center – Sandwich

Stoneman Outpatient Center
2 Jan Sebastian Drive, Suite 103
Sandwich, MA 02563
508-540-0604
capecodhealth.org/cvc-sandwich

Physicians: John Hostetter, MD, FACC; David Rancourt, DO, MPH, FACC; Kenneth S. Spector, MD, PhD, FACC; Megan Titas, MD

Cardiovascular Associates of Sandwich

68 Route 6A
Sandwich, MA 02563
774-413-5457
capehearthealth.com

Physician: Mary Callahan, DO, FACC

MID-CAPE: HYANNIS

Cape Cod Healthcare Cardiovascular Center – Hyannis

25 Main Street
Hyannis, MA 02601
508-778-1829
capecodhealth.org/cvc-hyannis

*Providers: Peter Friedman, MD, PhD, FACC, FHRS;
Michael W. Levangie, MD, FACC; Lawrence McAuliffe,
MD, FACC; Adam Mohmand- Borkowski, MD, PhD,
FHRS; Anju Nohria, MD; Claude-Laurent Sader, MD,
FACC; Garrick C. Stewart, MD; Andrew J. Wall, MD,
FACC; Mark Wolfe, MD, FACC; Shannon List, MSN,
FNP-BC; Sarah Montgomery, RN, MS, ACNP-BC;
Colleen C. Overstreet, FNP-BC; Courtney Park, NP*

Cape Cod Healthcare General & Vascular Surgery

6 Main Street, Bldg B
Hyannis, MA 02601
774-470-4480
capecodhealth.org/cchc-general-vascular-surgery

Physician: Stephen Brooks, MD, FACS, RPVI;
Elizabeth A. Mahanor, MD, FACS

Cape Cod Hospital Cardiology Hospitalist Service

Cape Cod Hospital
27 Park Street
Hyannis, MA 02601
508-862-5050
capecodhealth.org/cardiology-hospitalist

Inpatient Physicians: Peter Bourell, MD;
Ashwini Sahni, MD; Karl Stajduhar, MD, FACC;
Dogan Temizer, MD, FACC

Cardiac Rehabilitation – Hyannis

Cape Cod Healthcare Cardiovascular Center
25 Main Street
Hyannis, MA 02601
508-957-7300
capecodhealth.org/cardiac-rehab-hyannis

Medical Director: Elissa Thompson, MD

Cardiovascular Consultants of Cape Cod

140 Yarmouth Road
Hyannis, MA 02601
508-778-8818
cardiovascularcapecod.com

Providers: Charles Haffajee, MD, FACC; John Kalin, MD, FACC; Michael Mecley, MD, FACC

CCHC Cardiovascular Center – Interventional and Surgical Services

60 A Park Street
Hyannis, MA 02601
508-862-5050

capecodhealth.org/interventional-cardiology

Physicians: Frederick Y. Chen, MD, PhD; Alanna Coolong, MD; Philip Dombrowski, MD; Reza Fazel, MD; Peter Friedman, MD, PhD, FACC, FHRS; Luke J Higgins, MD; Ara Ketchedjian, MD; David Leeman, MD; Adam Mohmand-Borkowski, MD, PhD, FHRS; Sadip Pant, MD; Raj P. Shah, MD; Prem Sadanand Shekar, MD; Satya Shreenivas, MD; Tendoh Timoh, MD, FACC

Hatfeld Cardiology

46 North Street, Suite 6
Hyannis, MA 02601
508-778-4888
hatfeldcardiology.com

Physicians: Mallory Hatfeld, MD, FACC;

Heart Center

52 Park Street
Hyannis, MA 02601
508-771-4205
ourheartcenter.com

Physicians: Peter Chiotellis, MD, FACC;
Philip Chiotellis, MD, FACC, FASE, FASNC, RPVI

The Vascular Care Group

100 Camp Street
Hyannis, MA 02601
508-775-1984
thevascularcaregroup.com

Providers: Daniel R. Gorin, MD, RVT, FACS;
Alison Messina, MD; Alfred J. Phillips, DPM, FACFAS

LOWER CAPE: CHATHAM

Cape Cod Healthcare Cardiovascular Center – Chatham

Oppenheim Medical Building
1629 Main Street
Chatham, MA 02633
508-778-1829
capecodhealth.org/cardiovascular-chatham

Physician: Elissa Thompson, MD

Physicians – Cardiovascular Specialties

For additional information including clinical interests, see capecodhealth.org/physicians.



Peter Bourell, MD

Cardiology
*Special Focus: Inpatient Cardiology,
Cardiac Electrophysiology*

Cape Cod Hospital
Cardiology Hospitalist Service
Cape Cod Hospital
27 Park Street
Hyannis, MA 02601
508-862-5050

- **Medical School:** University of Texas Health Science Center, Houston, TX
- **Residency:** University of Massachusetts Medical Center, Worcester, MA (Internal Medicine)
- **Fellowship:** Tufts Medical Center, Boston, MA (Cardiology), Tufts Medical Center, Boston, MA (Cardiac Electrophysiology)
- **Certifications:** American Board of Internal Medicine, Cardiovascular Disease, American Board of Clinical Cardiac Electrophysiology



Stephen Brooks, MD, FACS, RPVI

Vascular Surgery and General Surgery

Cape Cod Healthcare General
and Vascular Surgery
6 Main Street, Building B
Hyannis, MA 02601
508-775-0800

- **Medical School:** University of Alabama School of Medicine, Birmingham, AL
- **Residency:** Baptist Medical Center, Birmingham, AL (General Surgery)
- **Fellowship:** Allegheny General Hospital (Trauma)
- **Certification:** American Board of Surgery and Surgical Critical Care



Mary Callahan, DO, FACC

Cardiology

Cardiovascular Associates of Sandwich
68 Route 6A
Sandwich, MA 02563
774-413-5457

- **Medical School:** University of New England College of Osteopathic Medicine, Biddeford, ME
- **Residency:** Brown University, Providence, RI (Internal Medicine)
- **Fellowship:** Albany Medical Center, Albany, NY (Cardiology)
- **Certification:** American Board of Internal Medicine and Cardiovascular Disease



Peter Chiotellis, MD, FACC

Cardiology

Heart Center
52 Park Street
Hyannis, MA 02601
508-771-4205

- **Medical School:** University College of Dublin Faculty of Medicine, Dublin, Ireland
- **Residency:** St. Elizabeth's Medical Center, Boston, MA (Internal Medicine)
- **Fellowship:** St. Elizabeth's Medical Center, Boston, MA (Cardiology)
- **Certification:** American Board of Internal Medicine and Cardiovascular Disease



**Philip Chiotellis, MD, FACC,
FASE, FASNC, RPVI**

Cardiology
Heart Center
52 Park Street
Hyannis, MA 02601
508-771-4205

- **Medical School:** University of Athens School of Medicine, Greece
- **Residency:** University of Medicine and Dentistry of New Jersey, Newark, NJ (Internal Medicine)
- **Fellowships:** Harvard Medical School, Boston City Hospital, Boston, MA (Cardiology)
Massachusetts General Hospital, Boston, MA (Cardiology)
- **Certifications:** American Board of Internal Medicine and Cardiovascular Disease, National Board of Nuclear Cardiology & Echocardiology



Alanna Coolong, MD

Interventional Cardiology
Cape Cod Healthcare
Cardiovascular Center – Interventional
& Surgical Services
60A Park Street
Hyannis, MA 02601
508-862-5050

- **Medical School:** University of Massachusetts Medical School, Worcester, MA
- **Residency:** Rhode Island Hospital/Miriam Hospital, Providence, RI (Internal Medicine)
- **Fellowships:** Maine Medical Center, Portland, ME (Cardiovascular Disease)
Brigham and Women's Hospital, Boston, MA (Interventional Cardiology)
- **Certification:** American Board of Internal Medicine, Cardiovascular Disease and Interventional Cardiology



Luke Daley, MD, FACC

Cardiology
Cardiovascular Consultants of Cape Cod
140 Yarmouth Road
Hyannis, MA 02601
508-778-8818

- **Medical School:** Tufts University School of Medicine, Boston, MA
- **Residency:** Hospitals of the University Health Center of Pittsburgh, PA (Internal Medicine)
- **Fellowship:** New England Medical Center Hospitals, Boston, MA (Cardiology)
- **Certification:** American Board of Internal Medicine and Cardiovascular Disease



Philip Dombrowski, MD

Interventional Radiology
Cape Cod Healthcare
Cardiovascular Center – Interventional
& Surgical Services
60A Park Street
Hyannis, MA 02601
508-862-5050

- **Medical School:** University of Rochester School of Medicine, Rochester, NY
- **Residency:** Dartmouth-Hitchcock Medical Center, Hanover, NH (Diagnostic Radiology)
- **Fellowship:** University of Virginia Medical Center, Charlottesville, VA (Angiography and Interventional Radiology)
- **Certification:** American Board of Diagnostic Radiology



Peter Friedman, MD, PhD, FACC, FHRS

Cardiology
Special Focus: Cardiac Electrophysiology
Cape Cod Healthcare Cardiovascular Center – Hyannis
25 Main Street
Hyannis, MA 02601
508-778-1829

Cape Cod Healthcare Cardiovascular Center – Interventional & Surgical Services
60A Park Street
Hyannis, MA 02601
508-862-5050

- **Medical School:** Columbia University College of Physicians and Surgeons, Manhattan, NY
- **Residency:** Presbyterian Hospital, NY (Internal Medicine)
- **Fellowships:** Peter Bent Brigham Hospital (Cardiology)
Harvard Medical School, Boston, MA (Cardiology)
University of Limburg, Netherlands (Cardiac Electrophysiology)
- **Certification:** American Board of Internal Medicine, Cardiovascular Disease and Clinical Cardiac Electrophysiology



Daniel Gorin, MD, RVT, FACS

Vascular Surgery
The Vascular Care Group
100 Camp Street
Hyannis, MA 02601
508-775-1984

- **Medical School:** University of Connecticut School of Medicine, Farmington, CT
- **Residency:** University of Connecticut School of Medicine (General Surgery)
- **Fellowship:** Boston University, Boston, MA (Peripheral Vascular Surgery)
- **Certification:** American Board of Surgery, Vascular Surgery



Charles Haffajee, MD, FACC

Cardiology
Cardiovascular Consultants of Cape Cod
140 Yarmouth Road
Hyannis, MA 02601
508-778-8818

- **Medical School:** University of Cambridge, England and University College Hospital Medical School, London, England
- **Residencies:** Addenbrookes Hospital, Cambridge, England (Internal Medicine)
University College Hospital, London, England
- **Fellowships:** Brompton Hospital, London, England (Cardiac Electrophysiology)
- University of Massachusetts Medical Center, Worcester, MA
- **Certification:** American Board of Internal Medicine, Cardiovascular Medicine and Clinical Cardiac Electrophysiology



Mallory Hatfeld, MD, FACC

Cardiology
Hatfeld Cardiology
46 North Street, Suite 6
Hyannis, MA 02601
508-778-4888

- **Medical School:** State University of New York Health Science Center, Syracuse, NY
- **Residency:** Lenox Hill Hospital, New York, NY (Internal Medicine)
- **Fellowship:** Brown University, Miriam Hospital, Providence, RI (Cardiology)
- **Certification:** American Board of Internal Medicine and Cardiovascular Disease



John Hostetter, MD, FACC

Cardiology

Cape Cod Healthcare Cardiovascular Center – Falmouth
Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-540-0604

Cape Cod Healthcare Cardiovascular Center – Sandwich
Stoneman Outpatient Center
2 Sebastian Drive, Suite 103
Sandwich, MA 02563
508-540-0604

- **Medical School:** Robert Wood Johnson Medical School, Piscataway, NJ
- **Residency:** Beth Israel Deaconess Medical Center, Boston, MA (Internal Medicine)
- **Fellowship:** The Cleveland Clinic Foundation, Cleveland, OH (Cardiovascular Disease)
- **Certification:** American Board of Internal Medicine and Cardiovascular Disease



John Kalin, MD, FACC

Cardiology

Cardiovascular Consultants of Cape Cod
140 Yarmouth Road
Hyannis, MA 02601
508-778-8818

- **Medical School:** University of Massachusetts Medical School, Worcester, MA
- **Residency:** Tufts Medical Center, Boston, MA (Internal Medicine)
- **Fellowships:** Tufts-New England Medical Center, Boston, MA (Cardiovascular Disease)
Tufts Medical Center, Boston, MA (Clinical Electrophysiology)
- **Certification:** American Board of Internal Medicine, Cardiovascular Medicine and Clinical Cardiac Electrophysiology



James Knox, MD, FACS, RVT

Vascular Surgery

Vascular & Vein Center of Cape Cod – Falmouth
Falmouth Hospital Medical Office Building
90 Ter Heun Drive, Suite 303
Falmouth, MA 02540
508-457-9739

- **Medical School:** Duke University School of Medicine, Durham, NC
- **Residency:** Brigham and Women's Hospital, Boston, MA (General Surgery)
- **Fellowship:** Brigham and Women's Hospital, Boston, MA (Vascular Surgery)
- **Certification:** American Board of Surgery, Vascular Surgery and Surgical Critical Care



David Leeman, MD

Interventional Cardiology

Cape Cod Healthcare Cardiovascular Center – Interventional & Surgical Services
60A Park Street
Hyannis, MA 02601
508-862-5050

- **Medical School:** New York University School of Medicine, New York, NY
- **Residency:** Beth Israel Deaconess Medical Center, Boston, MA (Internal Medicine)
- **Fellowship:** Beth Israel Deaconess Hospital, Boston, MA (Cardiology)
- **Certification:** American Board of Internal Medicine, Cardiovascular Disease and Interventional Cardiology



Michael W. Levangie, MD, FACC

Cardiology

Cape Cod Healthcare Cardiovascular
Center – Hyannis
25 Main Street
Hyannis, MA 02601
(508) 778-1829

- **Medical School:** University of Massachusetts Medical School, Worcester, MA
- **Residency:** Rhode Island Hospital/Brown University, Providence, RI (Internal Medicine)
- **Fellowship:** Rhode Island Hospital/Brown University, Providence, RI (Cardiology)
- **Certification:** American Board of Internal Medicine, Cardiovascular Disease



Laurence McAuliffe, MD, FACC

Cardiology

Cape Cod Healthcare Cardiovascular
Center – Hyannis
25 Main Street
Hyannis, MA 02601
508-778-1829

- **Medical School:** Boston University School of Medicine, Boston, MA
- **Residency:** University of Michigan, Ann Arbor, MI (Internal Medicine)
- **Fellowship:** New England Deaconess Hospital, Boston, MA (Cardiology)
- **Certification:** American Board of Internal Medicine and Cardiovascular Disease



Elizabeth Mahanor, MD, FACS

Vascular Surgery

Cape Cod Healthcare General and
Vascular Surgery
6 Main Street Bldg B
Hyannis, MA 02601
774-470-4480

Vascular and Vein Center of
Cape Cod– Falmouth
Falmouth Hospital Medical Office Building
90 Ter Heun Drive Suite 303
Falmouth, MA 02540
508-457-9739

- **Medical School:** Boston University School of Medicine, Boston, MA
- **Residency:** Boston University Medical Center, Boston, MA (General Surgery)
- **Fellowship:** Tufts- New England Medical Center, Boston, MA (Vascular Surgery)
- **Certification:** American Board of Vascular Surgery



Alison B. Messina, MD

Vascular Surgery

The Vascular Care Group
100 Camp Street
Hyannis, MA 02601
508-775-1984

- **Medical School:** UConn Health Center, Farmington, CT
- **Residency:** Mount Sinai South Nassau, Oceanside, NY, (General Surgery)
- **Fellowship:** Temple University, Philadelphia, PA (Vascular Surgery)



Adam Mohmand-Borkowski, MD, PhD, FHRS

Cardiology
Special Focus: Cardiac Electrophysiology

Cape Cod Healthcare Cardiovascular Center – Hyannis
25 Main Street
Hyannis, MA 02601
508-778-1829

Cape Cod Healthcare Cardiovascular Center – Interventional & Surgical Services
60A Park Street
Hyannis, MA 02601
508-862-5050

- **Medical School:** Medical University of Lodz, Poland
- **Residency:** Lankenau Hospital, Philadelphia, PA (Department of Internal Medicine)
- **Fellowships:** Lankenau Hospital, Philadelphia, PA (Cardiovascular Medicine); Boston University Medical Center, Boston, MA (Cardiac Electrophysiology); Cleveland Clinic, Cleveland, OH (Advanced Heart Failure); Cleveland Clinic, Cleveland, OH (Cardiac Electrophysiology)
- **Certifications:** American Board of Internal Medicine (Clinical Cardiac Electrophysiology); American Board of Internal Medicine (Advanced Heart Failure); American Board of Internal Medicine (Cardiovascular Disease); American Board of Internal Medicine (Internal Medicine)



Michael Mecley, MD, FACC

Cardiology

Cardiovascular Consultants of Cape Cod
140 Yarmouth Road
Hyannis, MA 02601
508-778-8818

- **Medical School:** University of Connecticut School of Medicine, Farmington, CT
- **Residency:** St. Elizabeth's Medical Center, Boston, MA (Internal Medicine)
- **Fellowship:** St. Elizabeth's Hospital, Boston, MA (Cardiology)
- **Certification:** American Board of Internal Medicine and Cardiovascular Disease



Anju Nohria, MD

Cardiology

Cape Cod Healthcare Cardiovascular Center – Hyannis
25 Main Street
Hyannis, MA 02601
508-778-1829

- **Medical School:** Harvard Medical School, Boston, MA
- **Residency:** Yale-New Haven Hospital, New Haven, CT
- **Fellowship:** Brigham & Women's Hospital, Boston, MA (Heart Failure and Transplantation), Brigham and Women's Hospital, Boston, MA (cardiovascular diseases)
- **Certifications:** American Board of Internal Medicine – Cardiovascular Disease; American Board of Internal Medicine – Advanced Heart Failure and Transplant Cardiology



David Rancourt, DO, MPH, FACC

Cardiology

Cape Cod Healthcare Cardiovascular Center – Falmouth
Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-540-0604

Cape Cod Healthcare Cardiovascular Center – Sandwich
Stoneman Outpatient Center
2 Jan Sebastian Drive, Suite 103
Sandwich, MA 02563
508-540-0604

- **Medical School:** University of New England College of Osteopathic Medicine, Biddeford, ME
- **Residency:** Maine Medical Center, Portland, ME (Internal Medicine)
- **Fellowship:** Maine Medical Center, Portland, ME (Cardiovascular Disease)
- **Certification:** American Board of Internal Medicine, Cardiovascular Disease



Claude-Laurent Sader, MD, FACC

Cardiology

Cape Cod Healthcare Cardiovascular Center – Hyannis
25 Main Street
Hyannis, MA 02601
508-778-1829

- **Medical School:** Lebanese University School of Medicine, Beirut, Lebanon
- **Residency:** Crozer-Chester Medical Center, Upland, PA (Internal Medicine)
- **Fellowship:** Albany Medical Center, Albany, NY (cardiovascular disease)
- **Certification:** American Board of Internal Medicine and Cardiovascular Disease



Ashwini Sahni, MD

Cardiology

Cape Cod Hospital
Cardiology Hospitalist Service
Cape Cod Hospital
27 Park Street
Hyannis, MA 02601

- **Medical School:** B.J. Medical College, Pune, India
- **Residency:** Coney Island Hospital, Brooklyn, NY (Internal Medicine)
- **Fellowship:** Maimonides Medical Center, Brooklyn, NY (Cardiovascular Disease)
- **Certification:** American Board of Internal Medicine, Cardiovascular Disease



Kenneth S. Spector, MD, PhD, FACC

Cardiology

Cape Cod Healthcare Cardiovascular Center – Falmouth
Falmouth Hospital Medical Office Building
90 Ter Heun Drive, 3rd Floor
Falmouth, MA 02540
508-540-0604

Cape Cod Healthcare Cardiovascular Center – Sandwich
Stoneman Outpatient Center
2 Jan Sebastian Drive, Suite 103
Sandwich, MA 02563
508-540-0604

- **Medical School:** Sr. Louis University School of Medicine, St. Louis, MO (MD)
- **Residency:** St. Elizabeth's Medical Center of Boston, Boston, MA (Internal Medicine), Westchester County Medical Center, Valhalla, NY (Radiology)
- **Fellowship:** University Hospital SUNY Stony Brook, Stony Brook, NY (Interventional Cardiology) Hartford Hospital University of Connecticut, Hartford, CT (Interventional Cardiology)
- **Certification:** American Board of Internal Medicine – Cardiovascular Disease



Karl Stajduhar, MD, FACC

Cardiology

Special Focus: Inpatient Cardiology

Cape Cod Hospital
Cardiology Hospitalist Service
27 Park Street
Hyannis, MA 02601
508-862-5050

- **Medical School:** University of Pittsburgh School of Medicine, Pittsburgh, PA
- **Residency:** Walter Reed Army Medical Center, Washington, DC (Internal Medicine)
- **Fellowships:** Walter Reed Army Medical Center, Washington, DC (Cardiovascular Disease) Oregon Health Sciences University, Portland, OR (Clinical Cardiac Electrophysiology)
- **Certification:** American Board of Internal Medicine, Cardiovascular Disease and Clinical Cardiac Electrophysiology

Garrick Stewart, MD

Cardiology

Cape Cod Healthcare Cardiovascular Center – Hyannis
 25 Main Street
 Hyannis, MA 02601
 508-778-1829

- **Medical School:** Johns Hopkins School of Medicine, Baltimore, MD (MD)
- **Residency:** Brigham and Women's Hospital, Boston, MA (Internal Medicine)
- **Fellowship:** Brigham and Women's Hospital, Boston, MA (Advanced Heart Disease), Brigham and Women's Hospital, Boston, MA (Cardiovascular Medicine)
- **Certification:** American Board of Internal Medicine

Dogan Temizer, MD, FACC

Cardiology

Special Focus: Inpatient Cardiology

Cape Cod Hospital Cardiology
 Hospitalist Service Cape Cod Hospital
 27 Park Street
 Hyannis, MA 02601
 508-862-5050

- **Medical School:** Ohio State University College of Medicine, Columbus, OH
- **Residency:** Massachusetts General Hospital, Boston, MA (Internal Medicine)
- **Fellowships:** Massachusetts General Hospital, Boston, MA (Cardiovascular Disease), University of Pennsylvania Health System, Philadelphia, PA (Cardiovascular Disease)
- **Certification:** American Board of Internal Medicine, Cardiovascular Disease and Interventional Cardiology



Elissa Thompson, MD

Cardiology

Cape Cod Healthcare Cardiovascular Center – Chatham Oppenheim Medical Building
 1629 Main Street
 Chatham, MA 02633
 508-778-1829

- **Medical School:** University of Maryland School of Medicine, Baltimore, MD
- **Residency:** Washington Hospital Center/Georgetown University Hospital, Washington, DC (Internal Medicine)
- **Fellowship:** Washington Hospital Center/Georgetown University Hospital, Washington, DC (Cardiovascular Disease)
- **Certification:** American Board of Cardiovascular Disease



Tendoh Timoh, MD, FACC

Cardiology

Special Focus: Cardiac Imaging

Cape Cod Healthcare Cardiovascular Center – Interventional & Surgical Services
 60A Park Street
 Hyannis, MA 02601
 508-862-5050

- **Medical School:** Georgetown University School of Medicine, Washington, DC
- **Residency:** Mount Sinai Hospital, New York, NY (Internal Medicine)
- **Fellowships:** Georgetown and Washington Hospital Center, Washington, DC (Cardiology), Medstar Heart Institute, Washington, DC and The National Institutes of Health (NHLBI), Bethesda, MD (Advanced Cardiac Imaging)
- **Certification:** American Board of Internal Medicine, Cardiovascular Disease, Nuclear Cardiology



Megan Titas, MD

Cardiology

Cape Cod Healthcare Cardiovascular Center – Falmouth
Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-540-0604

Cape Cod Healthcare Cardiovascular Center – Sandwich
Stoneman Outpatient Center
2 Jan Sebastian Drive, Suite 103
Sandwich, MA 02563
508-540-0604

- **Medical School:** Emory School of Medicine, Atlanta, GA
- **Residency:** Boston Medical Center, Boston, MA (Internal Medicine)
- **Fellowship:** Boston Medical Center, Boston, MA (Cardiovascular Medicine)
- **Certification:** American Board of Internal Medicine, Cardiovascular Disease



Andrew J. Wall, MD, FACC

Cardiology

Cape Cod Healthcare Cardiovascular Center – Hyannis
25 Main Street
Hyannis MA, 02601
501-778-1829

Cape Cod Hospital Cardiology Hospitalist Service
Cape Cod Hospital
27 Park Street
Hyannis MA, 02601
508-862-5050

- **Medical School:** Albany Medical College, Albany, New York
- **Residency:** University of Vermont Medical Center, Burlington, VT (Internal Medicine)
- **Fellowship:** Lahey Hospital and Medical Center, Burlington, MA (Cardiology)
- **Certification:** American Board of Internal Medicine, Cardiovascular Disease



Mark Wolfe, MD, FACC

Cardiology

Cape Cod Healthcare Cardiovascular Center – Hyannis
25 Main Street
Hyannis, MA 02601
508-778-1829

- **Medical School:** University of Texas Southwestern Medical School, Dallas, TX
- **Residency:** Keesler AFB Medical Center, Biloxi, MS (Internal Medicine)
- **Fellowship:** Brigham and Women’s Hospital, Boston, MA (Cardiology)
- **Certification:** American Board of Internal Medicine and Cardiovascular Disease

Did you know?

A woman’s heart attack symptoms can differ from a man’s and women are somewhat more likely to experience:

- shortness of breath
- back or jaw pain
- nausea or vomiting

It’s important to recognize these symptoms and not delay emergency treatment.

Women's Surgical Services



Cape Cod Healthcare offers women access to the high level of innovative, skilled surgical care and procedures you would expect from a major urban medical center, close to home. Our board-certified surgeons employ the latest technology, allowing them to perform minimally invasive techniques, such as robotic-assisted surgery, through complex procedures in their specialized fields.

Within our Women's Health services, our specialists offer:

- Breast surgery
- Gynecologic surgery
- Plastic reconstructive surgery

Breast Surgery

If surgery is required to treat breast cancer or benign breast disease, our trained surgeons who perform breast surgery are highly-skilled and experienced in the latest techniques. This team includes two specialized breast surgeons at Cape Cod Healthcare Breast Surgery – Hyannis and Cape Cod Healthcare Breast Surgery – Falmouth. Our surgeons collaborate closely with our plastic reconstructive surgeons, medical and radiation oncologists, and breast patient navigators as part of a patient's dedicated care team. Innovative surgical options offered at Cape Cod Healthcare include Hidden Scar™ breast surgery, nipple-sparing mastectomy and oncoplastic breast surgery.



Please contact practices directly for specific services and procedures offered and insurances accepted.
For more information, see capecodhealth.org/breast-surgery.

Hidden Scar™ Breast Cancer Surgery



Hidden Scar™ breast cancer surgery provides an option for patients which minimizes scarring and helps to preserve the natural breast shape, with the aim of maintaining a woman's physical appearance and lessening the emotional impact of breast surgery. In Hidden Scar™ lumpectomy and mastectomy surgery, a single incision is made along the natural folds of the skin to remove tissue, sparing the nipple, areola and surrounding breast tissue. Jill Oxley, MD, FACS and Naomi Kalliath, DO are specially trained in this Hidden Scar™ technique.

Breast Cancer Reconstruction Surgery Fund

This fund is available to women who live in Barnstable County, to help with the costs of breast reconstruction not covered by insurance. It is also open to Barnstable County patients with hereditary cancer syndromes who have not had a cancer diagnosis, for use covering a prophylactic mastectomy, as well as for breast reconstruction patients whose insurance is not accepted by their plastic surgeon. For more information, please contact Barbara Archambeault, RTT, MHA, Oncology Operations Manager, Davenport-Mugar Cancer Center at barbarchambeault@capecodhealth.org.

A Supportive Place

At Cuda Women's Health Center in Hyannis and Seifer Women's Health and Imaging Center in Falmouth, we offer breast cancer support with two of our dedicated breast experts. Focused on emotional coping and healing, we provide a supportive place for women at any stage of their breast cancer journey to address questions and concerns, and learn about available resources.

For more information, as well as additional community resources, please contact:

Cuda Women's Health Center

Patricia Ryan-Blanchard, NP
508-957-1700

Seifer Women's Health and Imaging Center

Kathy Murray, RN, CN-BN and Nicole Salter, NP
508-457-3780

Practices – Breast Surgery

UPPER CAPE: FALMOUTH

Falmouth General Surgery

Falmouth Hospital Medical Office Building
90 Ter Heun Drive, Suite 2300B
Falmouth, MA 02540

Physicians: Garry Brake, MD; Peter Hopewood, MD, FACS; Sean Rumrill, MD; C. Jeffrey Siegert, MD, FACS

Cape Cod Healthcare Breast Surgery – Falmouth

Falmouth Hospital Medical Office Building
90 Ter Heun Drive, Suite 2300C
Falmouth, MA 02540
508-957-1720

Physician: Naomi J. Kalliath, DO; Stephanie Ellis, NP

MID-CAPE: HYANNIS

Cape Cod Healthcare Breast Surgery – Hyannis

Wilkens Outpatient Medical Complex
35 Wilkens Lane
Hyannis, MA 02601
508-957-1720

Providers: Naomi J. Kalliath, DO; Jill Oxley, MD, FACS; Stephanie Ellis, NP

Physicians – Breast Surgery

For additional information including clinical interests, see capecodhealth.org/physicians.



Garry Brake, MD

General Surgery

Falmouth General Surgery
Falmouth Hospital Medical Office Building
90 Ter Heun Drive, Suite 2300B
Falmouth, MA 02540
508-540-9771

- **Medical School:** University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School, NJ
- **Residency:** University of Illinois Hospitals and Clinics, Chicago, IL (General Surgery)
- **Certification:** American Board of Surgery



Peter Hopewood, MD, FACS

General Surgery

Falmouth General Surgery
Falmouth Hospital Medical Office Building
90 Ter Heun Drive, Suite 2300B
Falmouth, MA 02540
508-540-9771

- **Medical School:** University of Vermont College of Medicine, Burlington, VT
- **Residency:** New England Deaconess Hospital, Boston, MA (General Surgery)
- **Certification:** American Board of Surgery



Naomi J. Kalliath, DO

Breast Surgery

Cape Cod Healthcare Breast Surgery – Hyannis
Wilkens Outpatient Medical Complex
35 Wilkens Lane
Hyannis, MA 02601
508-957-1720
Cape Cod Healthcare Breast Surgery – Falmouth
Falmouth Hospital Medical Office Building
90 Ter Heun Drive, Suite 2300C
Falmouth, MA 02540
508-957-1720

- **Medical School:** Philadelphia College of Osteopathic Medicine, Philadelphia, PA (Doctor of Osteopathic Medicine)
- **Residency:** UPMC Pinnacle Community Osteopathic Hospital, Harrisburg, PA (General Surgery)
- **Fellowship:** Brown University Women & Infants Hospital, NIH Center of Excellence for Women's Health, Providence, RI (Breast Disease and Oncology)
- **Certification:** American Osteopathic Board of General Surgery



Jill Oxley, MD, FACS

Breast Surgery

Cape Cod Healthcare Breast Surgery – Hyannis
Wilkens Outpatient Medical Complex
35 Wilkens Lane
Hyannis, MA 02601
508-957-1720

- **Medical School:** Yale University School of Medicine, New Haven, CT
- **Residency:** Boston Medical Center, Boston, MA (General Surgery)
- **Certification:** American Board of Surgery



Sean Rumrill, MD

General Surgery

Falmouth General Surgery
 Falmouth Hospital Medical Office Building
 90 Ter Heun Drive, Suite 2300B
 Falmouth, MA 02540
 508-540-9771

- **Medical School:** Rosalind Franklin University Chicago Medical School, North Chicago, IL
- **Residency:** Indiana University School of Medicine, Indianapolis, IN (General Surgery)
- **Certification:** American Board of Surgery



C. Jeffrey Siegert, MD, FACS

General Surgery

Falmouth General Surgery
 Falmouth Hospital Medical Office Building
 90 Ter Heun Drive, Suite 2300B
 Falmouth, MA 02540
 508-540-9771

- **Medical School:** Emory University School of Medicine, Atlanta, GA
- **Residency:** Boston University Medical Center, Boston, MA (General Surgery)
- **Fellowship:** Boston Medical Center, Boston, MA (Surgical Critical Care/Trauma)
- **Certification:** American Board of Surgery and Surgical Critical Care

Gynecologic Surgery

In addition to a wide spectrum of in-office gynecologic procedures offered by our obstetrician/gynecologists (OB/GYNs), advanced reproductive system surgery is offered by a select group of these specialists. Equipped with the latest technology for minimally-invasive, robotically-assisted and conventional surgery, our integrated team of gynecologic surgeons, anesthesiologists and nurses are experienced in performing procedures including:

- Hysterectomy (laparoscopic, robotically-assisted, abdominal and vaginal)
- Endometrial ablation for heavy menstrual bleeding
- Oophorectomy (removal of the ovaries)
- Ovarian cyst removal
- Tubal sterilization / fallopian tube removal
- Cervical conization
- Uro-gynecologic surgery
- InterStim therapy for overactive bladder
- Pelvic organ prolapse surgery (including repair for cystocele and rectocele)
- Vulvar lesion removal

Advanced Specialty Care Coordinated with:

- Gynecologic oncologists
- Uro-gynecologists

Please contact practices directly for specific services and treatments offered and insurances accepted. For more information on Gynecologic Surgery, please see capecodhealth.org/gynecologic-surgery.

Gynecologic Oncology Surgery

An experienced gynecologic oncologist from Brigham and Women's Hospital in Boston (Taymaa May, MD) provides intraoperative assistance and consultation to allow state of the art oncologic surgical treatment at Cape Cod Hospital. Dr. May has become an integral part of the GYN surgical team if there is a diagnosis of a gynecologic cancer.

Practices – Gynecologic Surgery

UPPER CAPE: FALMOUTH

Cape Obstetrics & Gynecology

Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088
capecodhealth.org/cape-obgyn-falmouth

*Physicians: Paul DeMeo, MD;
Elizabeth Murray, MD; Holly Zheng, MD*

UPPER CAPE: BOURNE

Cape Obstetrics & Gynecology

Bourne Health Center
1 Trowbridge Place
Bourne, MA 02532
508-457-0088
capecodhealth.org/cape-obgyn-bourne

*Physicians: Paul DeMeo, MD; Elizabeth Murray, MD;
Holly Zheng, MD*

UPPER CAPE: MASHPEE

Falmouth Women's Health

133 Falmouth Road, Building 2, Suite A
Mashpee, MA 02649
508-681-5081
falmouthwomenshealth.com

*Physicians: Richard Heywood, DO, FACOG;
Elizabeth Speed, MD*

UPPER CAPE: SANDWICH

Cape Obstetrics & Gynecology

Stoneman Outpatient Center
2 Jan Sebastian Drive Sandwich, MA 02563
508-457-0088
capecodhealth.org/cape-obgyn-sandwich

Physicians: Elizabeth Murray, MD; Holly Zheng, MD

MID-CAPE: HYANNIS

All Cape Gynecology

1330 Phinneys Lane
Hyannis, MA 02601
508-775-0003
allcapegynecology.com

Physician: Lucia Cagnes, MD

Cape Cod Hospital OB/GYN

43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050
capecodhealth.org/cch-obgyn

*Physicians: William Agel, MD; Richard Angelo, MD;
Joshua Lupton, DO; Michael Neel, MD; Eva Strobl, MD*

Urology Associates of Cape Cod

125 Route 6A
Yarmouth Port, MA 02675
508-771-9550
uacc.cc

Physician: Xibel Jia, MD, FACOG

Women's Health Associates of Cape Cod

46 North Street Suite 1A
Hyannis, MA 02601
508-771-7100
womenshealthassociatesofcapecod.com

Physician: Tara Chute, MD; Geralyn Leone, MD

Physicians – Gynecologic Surgery

For additional information including clinical interests, see capecodhealth.org/physicians.



William Agel, MD

Obstetrics and Gynecology
 Cape Cod Hospital OB/GYN
 43 Lewis Bay Road
 Hyannis, MA 02601
 774-552-6050

- **Medical School:** New Jersey Medical School, Newark, NJ
- **Residency:** Tufts University School of Medicine, Boston, MA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Richard Angelo, MD

Obstetrics and Gynecology
 Cape Cod Hospital OB/GYN
 43 Lewis Bay Road
 Hyannis, MA 02601
 774-552-6050

- **Medical School:** Rutgers Medical School, Newark, NJ
- **Residency:** Tufts-New England Medical Center, Boston, MA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Sibel Bessim, MD

Obstetrics and Gynecology
Special Focus: Gynecology
 Community Health Center
 26 Edgerton Drive Suite C
 North Falmouth, MA 02556
 508-477-7090

- **Medical School:** Mt. Sinai School of Medicine, New York, NY
- **Residency:** Mt. Sinai Medical Center, New York, NY (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology

Maryanne C. Bombaugh, MD

Obstetrics and Gynecology
Special Focus: Gynecology
 Community Health Center
 107 Commercial Street
 Mashpee, MA 02649
 508-477-7090

- **Medical School:** University of Texas Health Science Center, San Antonio, TX
- **Residency:** Walter Reed Army Medical Center, Washington, DC (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Lucia Cagnes, MD

Obstetrics and Gynecology
Special Focus: Gynecology
 All Cape Gynecology
 1330 Phinney's Lane
 Hyannis, MA 02601
 508-775-0003

- **Medical School:** University of Palermo School of Medicine and Surgery, Italy
- **Residencies:** University Hospital of Palermo, Italy (Obstetrics and Gynecology), Rochester General Hospital, Rochester, NY (Obstetrics and Gynecology), Bethesda Hospital, Cincinnati, OH (Family Practice)
- **Certification:** American Board of Obstetrics and Gynecology

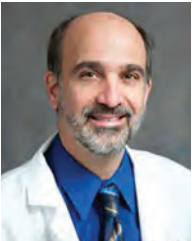


Tara Chute, MD

Obstetrics and Gynecology
Special Focus: Gynecology

Women's Health Associates
of Cape Cod
46 North Street, Suite 1A
Hyannis, MA 02601
508-771-7100

- **Medical School:** University of Massachusetts Medical School, Worcester, MA
- **Residency:** University of Massachusetts Memorial Hospital, Worcester, MA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Paul DeMeo, MD

Obstetrics and Gynecology

Cape Obstetrics & Gynecology
Falmouth Hospital Medical
Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

Bourne Health Center
1 Trowbridge Place
Bourne, MA 02532
508-457-0088

- **Medical School:** University of Vermont College of Medicine, Burlington, VT
- **Residency:** St. Francis Hospital and Medical Center, Hartford, CT (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Dima Ezzedine, MD, FACOG

Obstetrics and Gynecology
*Special Focus: Urogynecology and
Reconstructive
Pelvic Surgery only*

Greater Boston Urology
45 Home Depot Drive
Plymouth, MA 02360
508-732-6770

Greater Boston Urology
700 Attucks Lane Suite 2A
Hyannis, MA 02601
508-957-3100

- **Medical School:** Lebanese University, Faculty of Medical Sciences, Beirut, Lebanon
- **Residency:** American University of Beirut, Beirut, Lebanon (Obstetrics and Gynecology)
- **Fellowship:** Atlantic Health System, Morristown, NJ (Female Pelvic Medicine and Reconstructive Surgery)
- **Certification:** American Board of Obstetrics and Gynecology



Barbara Gleason, DO

Obstetrics and Gynecology
Special Focus: Gynecology

Cape Gynecology
19 Bay State Court
Brewster, MA 02631
508-255-2325

- **Medical School:** University of Medicine and Dentistry of New Jersey School of Osteopathic Medicine, Stratford, NJ
- **Residency:** University of Medicine and Dentistry of New Jersey School of Osteopathic Medicine, Stratford, NJ (Obstetrics and Gynecology)
- **Certification:** American Osteopathic Board of Obstetrics and Gynecology



Richard Heywood, III, DO, FACOG

Obstetrics and Gynecology
Special Focus: Gynecology
 Falmouth Women's Health
 133 Falmouth Road
 Building 2, Suite A
 Mashpee, MA 02649
 508-681-5081

- **Medical School:** University of New England College of Osteopathic Medicine, Biddeford, ME
- **Residency:** Naval Medical Center, Portsmouth, VA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Xibel Jia, MD, FACOG

Obstetrics and Gynecology
Special Focus: Urogynecology
 Urology Associates Of Cape Cod
 125 Route 6A
 Yarmouth Port, MA 02675
 508-771-9550

- **Medical School:** Tufts University School of Medicine, Boston, MA
- **Residency:** Stamford Hospital/Columbia University School of Physicians and Surgeons, Stamford, CT
- **Fellowships:** University of Massachusetts Medical Center, Worcester, MA, (Female Pelvic Medicine and Reconstructive Surgery), Hahnemann University Hospital, Philadelphia, PA (Female Pelvic Medicine and Reconstructive Surgery)
- **Certification:** American Board of Obstetrics and Gynecology



Geralyn Leone, MD

Obstetrics and Gynecology
Special Focus: Gynecology
 Womens Health Associates of Cape Cod
 46 North Street Suite 1A
 Hyannis, MA 02601
 508-771-7100

- **Medical School:** Boston University School of Medicine, Boston, MA
- **Residency:** University of Miami, Jackson Memorial Hospital, Miami, FL
- **Certification:** American Board of Obstetrics and Gynecology



Joshua Lupton, DO

Obstetrics and Gynecology
 Cape Cod Hospital OB/GYN
 43 Lewis Bay Road
 Hyannis, MA 02601
 774-552-6050

- **Medical School:** University of New England College of Osteopathic Medicine, Biddeford, ME
- **Residency:** Henry Ford Wyandotte Hospital, Wyandotte, MI (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology

Taymaa May, MD

Obstetrics and Gynecology
Special Focus: Gynecologic Oncology
 Davenport-Mugar Cancer Center – Medical Oncology
 at Cape Cod Hospital
 Edwin Barbey Patient Care Pavilion
 27 Park Street
 Hyannis, MA 02601
 508-862-7575

- **Medical School:** McGill University, Montreal, QC, Canada
- **Residency:** University of Toronto, Canada (Obstetrics and Gynecology)
- **Fellowship:** Brigham & Women's Hospital, Boston, MA (Gynecologic Oncology)
- **Certification:** American Board of Obstetrics and Gynecology



Elizabeth Murray, MD

Obstetrics and Gynecology

Cape Obstetrics & Gynecology
Falmouth Hospital Medical
Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088

- **Medical School:** Georgetown University School of Medicine, Washington, DC
- **Residency:** Duke University Medical Center, Durham, NC (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Michael F. Neel, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050

- **Medical School:** Texas Tech University School of Medicine, Lubbock, TX
- **Residency:** Tufts University Affiliated Residency Program, Boston, MA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Elizabeth Speed, MD

Obstetrics and Gynecology
Special Focus: Gynecology

Falmouth Women's Health
133 Falmouth Road
Building 2, Suite A
Mashpee, MA 02649
508-681-5081

- **Medical School:** University of Massachusetts Medical School, Worcester, MA
- **Residency:** Albert Einstein College of Medicine at Montefiore, Bronx, NY (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Eva J. Strobl, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
43 Lewis Bay Road
Hyannis, MA 02601
774-552-6050

- **Medical School:** New York Medical College, Valhalla, NY
- **Residency:** Lehigh Valley Health Network, Allentown, PA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology



Holly Zheng, MD

Obstetrics and Gynecology

Cape Obstetrics & Gynecology
Bourne Health Center
1 Trowbridge Place
Bourne, MA 02532
508-457-0088

Falmouth Hospital Medical
Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088

- **Medical School:** The Pennsylvania State University College of Medicine, Hershey, PA
- **Residency:** Temple University Hospital, Philadelphia, PA (Obstetrics and Gynecology)
- **Certification:** American Board of Obstetrics and Gynecology

Plastic and Reconstructive Surgery

The decision to have cosmetic or reconstructive surgery is a very personal one. Our board-certified plastic surgeons and a team of skilled professionals have extensive training and experience in this specialty, and are backed by the full resources of Cape Cod Healthcare, including:

- Advanced surgery and recovery suites
- Anesthesiology administered by physicians and certified nurses
- A team of clinical specialists dedicated to a patient's care
- Private hospital rooms with restful views, room service and in-room sleeping areas for family

Reconstructive Surgery for Breast Cancer

Our specialists have extensive experience performing breast reconstruction and other reconstructive procedures following breast cancer surgery, and collaborate closely with our breast surgeons to achieve a patient's desired outcome. Surgical techniques include:

- Implant-based reconstruction
- Tissue-based reconstruction
- Nipple reconstruction
- Procedures to achieve breast symmetry due to breast cancer surgery or radiation

Other Types of Reconstructive Surgery

Reconstructive surgery is also used to correct birth defects or developmental abnormalities and to repair form and function after accidents, burns, wounds, infection or disease. The latest in plastic surgery

advances mean minimal scarring at the surgical site. Plastic surgery is also one of the specialties that completes hand surgery.

Surgery for Skin Cancer

We work with patients with skin cancer to remove the cancerous cells and restore appearance with surgical skin cancer treatment. This includes collaboration with specialists who perform Mohs micrographic surgery, an advanced approach to removing skin cancer that minimizes soft tissue defect and allows for future reconstruction.

Cosmetic and Aesthetic Surgery

Our expertise encompasses elective procedures such as:

- Breast enlargement and reduction
- Liposuction
- Body contouring (often following significant weight loss or bariatric surgery)
- Face lifts and injections
- Brow lifts
- Tummy tucks
- Nose reshaping

When possible, cosmetic procedures are done using minimally invasive techniques, resulting in smaller incisions, less pain and a faster recovery.

Hand Surgery

The hand is a complex network of muscles and tendons that need specialized care. Minimally invasive endoscopic techniques are used instead of traditional surgery for many hand surgeries, such as surgery for carpal tunnel syndrome.

Please contact practices directly for specific services and treatments offered and insurances accepted.
For more information, please see capecodhealth.org/plastic-surgery.

Practices – Plastic Reconstructive Surgery

UPPER CAPE AND PLYMOUTH: MASHPEE

Cape Cod Healthcare Plastic Surgery

Cape Cod Surgery Center
160 Falmouth Road, Suite B
Mashpee, MA 02649
508-539-6220
capecodhealth.org/cchc-plastic-surgery

*Providers: Theodore Calianos, II, MD, FACS;
Julian D'Achille, MD, MPH; Peter S. Laub, MD;
Alissa DeVito, NP*

UPPER CAPE AND PLYMOUTH: PLYMOUTH

Cape & Islands Plastic Surgery

110 Long Pond Road, Suite 201
Plymouth, MA 02360
508-747-1322
capeplasticsurgery.com

Physicians: Seth Jones, MD; Michael Loffredo, MD

MID-CAPE: HYANNIS

Cape & Islands Plastic Surgery

26 Gleason Street
Hyannis, MA 02601
508-771-8967
capeplasticsurgery.com

Physicians: Seth Jones, MD; Michael Loffredo, MD

Cape Cod Plastic Surgery

51 Main Street
Hyannis, MA 02601
508-771-0290
ccplasticsurgery.com

Physician: Marc Fater, MD

MID-CAPE: YARMOUTH

Cape Cod Plastic and Hand Surgeons

150 Ansel Hallet Road
West Yarmouth, MA 02673
508-771-4263

Physician: Peter Bentivegna, MD, FACS

MID-CAPE: DENNIS

Joyce McIntyre, MD
76 Airline Drive
South Dennis, MA 02660
508-334-5933
umassmemorial.org

Physicians – Plastic and Reconstructive Surgery

For additional information including clinical interests, see capecodhealth.org/physicians.



Peter Bentivegna, MD, FACS

*Plastic Surgery
Hand Surgery*

Cape Cod Plastic and Hand Surgeons
150 Ansel Hallet Road
West Yarmouth, MA 02673
508-771-4263

- **Medical School:** New York Medical College, Valhalla, NY
- **Residencies:** Nassau County Medical Center (Plastic Surgery), Hartford Hospital (General Surgery)
- **Fellowships:** University of Utah, Salt Lake City, UT (Hand & Microsurgery); Nassau County Medical Center (Burns)
- **Certification:** American Board of Plastic Surgery



Theodore Calianos, II, MD, FACS

*Plastic Surgery
Hand Surgery*

Cape Cod Healthcare Plastic Surgery
Cape Cod Surgery Center
160 Falmouth Road, Suite B
Mashpee, MA 02649
508-539-6220

- **Medical School:** University of Texas Medical Branch, Galveston, TX
- **Residencies:** University of Texas Medical Branch, Galveston, TX (Plastic Surgery), University of Massachusetts Medical Center, Worcester, MA (General Surgery)
- **Fellowship:** Rush Presbyterian St. Luke's Medical Center, Chicago, IL (Hand Surgery)
- **Certification:** American Board of Plastic Surgery



Julian D'Achille, MD, MPH

*Plastic Surgery
Hand Surgery*

Cape Cod Healthcare Plastic Surgery
Cape Cod Surgery Center
160 Falmouth Road, Suite B
Mashpee, MA 02649
508-539-6220

- **Medical School:** Northwestern University Feinberg School of Medicine, Chicago, IL
- **Residencies:** Tufts Medical Center, Boston, MA (General Surgery), Louisiana State University Health Science Center, New Orleans, LA (Plastic Surgery)
- **Fellowship:** University of Massachusetts Memorial Medical Center, Worcester, MA (Hand and Upper Extremity Surgery)
- **Certification:** American Board of Surgery



Marc Fater, MD

*Plastic Surgery
Hand Surgery*

Cape Cod Plastic Surgery
51 Main Street
Hyannis, MA 02601
508-771-0290

- **Medical School:** Temple University School of Medicine, Philadelphia, PA
- **Residency:** Albert Einstein Medical Center, Philadelphia, PA (Surgery)
- **Fellowship:** Baylor College of Medicine, Houston, TX (Plastic and Reconstructive Surgery)
- **Certifications:** American Board of Plastic Surgery, American Board of Surgery



Seth Jones, MD

*Plastic Surgery
Hand Surgery*

Cape & Islands Plastic Surgery
26 Gleason Street
Hyannis, MA 02601
508-771-8967

110 Long Pond Road, Suite 201
Plymouth, MA 02360
508-747-1322

- **Medical School:** University of Nevada School of Medicine, Reno, NV
- **Residency:** Medical College of Wisconsin Affiliated Hospitals, Milwaukee, WI (Plastic Surgery)
- **Fellowship:** Hunstad Center for Cosmetic Plastic Surgery, Charlotte, SC (Aesthetic Surgery)
- **Certification:** American Board of Plastic Surgery



Michael Loffredo, MD

*Plastic Surgery
Hand Surgery*

Cape & Islands Plastic Surgery
26 Gleason Street
Hyannis, MA 02601
508-771-8967

110 Long Pond Road, Suite 201
Plymouth, MA 02360
508-747-1322

- **Medical School:** Robert Wood Johnson Medical School, New Brunswick, NJ
- **Residency:** Medical College of Wisconsin Affiliated Hospitals, Milwaukee, WI (Plastic Surgery)
- **Fellowship:** Center for Breast and Body Contouring, Grand Rapids, MI (Aesthetic and Reconstructive Breast Surgery)
- **Certification:** American Board of Plastic Surgery



Peter S. Laub, MD

*Plastic Surgery
Hand Surgery*

Cape Cod Healthcare Plastic Surgery
Cape Cod Surgery Center
160 Falmouth Road, Suite B
Mashpee, MA 02649
508-539-6220

- **Medical School:** University at Buffalo Jacobs School of Medicine and Biomedical Sciences, Buffalo, NY
- **Residency:** Loyola University Medical Center, Maywood, IL (Plastic and Reconstructive Surgery)
- **Fellowship:** Yale New Haven Hospital, New Haven, CT (Hand and Upper Extremity)



Joyce McIntyre, MD

*Plastic Surgery
Hand Surgery*

76 Airline Drive
South Dennis, MA 02660
508-334-5933

- **Medical School:** University of Massachusetts Medical School, Worcester, MA
- **Residency:** University of Massachusetts Memorial Healthcare, Worcester, MA (Plastic Surgery)
- **Fellowship:** University of California, San Diego, CA (Craniofacial and Pediatric Plastic Surgery)
- **Certification:** American Board of Plastic Surgery



CAPE COD
HEALTHCARE

WOMEN'S HEALTH

Breast
Care

Gynecology

Pregnancy
& Birth

Women's
Heart
Health

Women's
Surgical
Services

At Cape Cod Healthcare Women's Health, we are equipped with the state-of-the-art technology and diagnostic expertise to manage Breast Care, Gynecology, Pregnancy and Birth, Heart Health and Surgical Services unique to women. We're fully committed to keeping you healthy with the latest in preventive care, and to be there to help you manage chronic conditions or diagnose and treat serious illness.

We offer the latest advances in screening and procedures, leading-edge technology, and highly experienced doctors supported by an entire medical team who are dedicated to the specialized care of women.

Wherever you are in your journey to stay healthy or get healthy, we're here, close to home, with the skills, the knowledge and the people when you need us.

Comprehensive, compassionate and state-of-the-art healthcare for women, brought to you by Cape Cod Healthcare.

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Fater, MD	Marc	Plastic Surgery, Hand Surgery	65
Friedman, MD, PhD, FACC, FHRS	Peter	Cardiology	46
Gleason, DO	Barbara	Obstetrics and Gynecology	23, 60
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Heywood, III, DO, FACOG	Richard	Obstetrics and Gynecology	24, 61
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Hopewood, MD, FACS	Peter	General Surgery	10, 56
Hostetter, MD, FACC	John	Cardiology	47
Hyder, MD	Ingrid	Radiology	12
Jia, MD, FACOG	Xibel	Obstetrics and Gynecology	24, 61, 65
Jones, MD	Seth	Plastic Surgery, Hand Surgery	66
Kalin, MD, FACC	John	Cardiology	47
Kalliath, DO	Naomi	Breast Surgery	56
Kelly, Jr., MD	David	Radiology	12
Knox, MD, FACS, RVT	James	Vascular Surgery	47
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Leone, MD	Geralyn	Obstetrics and Gynecology	24, 61
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Mecley, MD, FACC	Michael	Cardiology	49
Messina, MD	Alison	Vascular Surgery	48
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Nohria, MD	Anju	Cardiology	49
Nourmohammadi, MD	Mohammad	Radiology	12
Oxley, MD, FACS	Jill	Breast Surgery	6, 10, 56
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Pfister, CNM	Danielle	Midwifery	35
Rabin, MD	Marina	Obstetrics and Gynecology	25
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Sader, MD, FACC	Claude-Laurent	Cardiology	50
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Salter, NP	Nicole	Radiology, Seifer Women's Health Center	13
Siegert, MD, FACS	C. Jeffrey	General Surgery	57
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Wall, MD, FACC	Andrew	Cardiology	52
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