

VNA Hospice Bereavement Groups

Winter 2026

Our bereavement support groups provide a positive, nurturing, confidential setting to learn ways to manage and cope with loss. Groups are facilitated by experienced bereavement professionals and are FREE of charge. All of our groups are open to anyone who has experienced the death of a loved one.

It is the process of grieving that helps us heal.

Please contact the staff listed below to confirm the group schedule and to pre-register (required) in advance:

Jeanne M Burke, M.Div, 508-740-2370 (Orleans, Outer Cape)

Evelyn Friel, MA, MS, 774-487-0766 (Osterville, Yarmouth)

Greg Hopwood, MBA, DMin, 508-801-4831 (Falmouth, Mashpee, Sandwich)

Falmouth Public Library

300 Main St, Falmouth
1st & 3rd Tuesdays
10:30 am to 12:00 pm

Osterville Village Library

43 Wianno Ave, Osterville
2nd & 4th Tuesdays
1:00 pm to 2:30 pm

Orleans Senior Center

150 Rock Harbor Rd, Orleans
1st & 3rd Fridays
10:30 am to 12:00 pm

Mashpee Senior Center

26 Frank E Hicks Dr, Mashpee
1st & 3rd Tuesdays
2:30 pm to 4:00 pm

Yarmouth Senior Center

528 Forest Rd, W Yarmouth
1st & 3rd Tuesdays
10:00 am to 11:30 am

Outer Cape*

Truro

Council on Aging

at the Truro Community Center
7 Standish Way, N. Truro
2nd & 4th Thursdays
2:30 pm to 3:30 pm

Sandwich Council on Aging at The Center for Active Living

70 Quaker Meetinghouse Rd, Sandwich
2nd & 4th Wednesdays
1:00 pm to 2:30 pm

** This group rotates locations*



CAPE COD
HEALTHCARE

Caring.
Commitment.
Community.