

What to Expect

The first appointment

This visit lasts approximately 90 minutes and consists of a full assessment to determine the underlying reason why your wound is not healing. Based on the evaluation, a customized treatment plan will be developed to best address the needs of the wound, your overall medical needs, and any lifestyle concerns.

What will happen

Your wound will be cleaned, measured, and photographed. The physician will likely perform debridement to remove unhealthy tissue and debris which can impede healing. Debridement also converts the chronic wound to an acute wound allowing the body to recruit substances to help healing. Prior to the debridement, the wound will be anesthetized with either topical or injectable anesthetic. A dressing will be chosen that best suits the characteristics of your wound type.

A plan created for you

Your treatment plan may include addressing blood flow issues, vein issues, leg swelling, pressure relief, blood sugar control, infection control, referrals to specialists, diagnostic testing and/or nutritional counseling.

Follow-up appointments

Wound care patients are usually scheduled to be seen once a week. Studies have shown that patients who are seen weekly have a far greater chance to heal and to heal quickly, compared to those who are seen less frequently. The size and depth of your wound will be documented at each visit and photographed on every fourth visit. This data is entered into the electronic record and allows us to track the progression of the wound towards healing, and the effectiveness of the current treatment.

As you heal

As your wound progresses, evidenced-based clinical guidelines provide specify the best treatment options for you.

